



### 2009 was a good year for kinship families—2010 can be even better!

By Vince Tillman and Karen McKeenan

“When families come together, it makes for a brighter outlook on life, and gives hope,” said Edith Head, Fairhill Partners program participant and caregiver for a teenager, India

Fairhill brought many kinship families together in 2009, as well as providing individual support and resources to families who needed it. From Kinship Camp to Teen Leadership Training to Family Respite Days, all family members had a chance to participate in fun and educational activities.

“I learned that astronauts play with their food,” said a camper after a field trip to NASA. In addition to learning that “liquid makes little balls in space” and “how to land a rocket,” children ages 6-12 enjoyed crafts, pickle ball, trips to the Shaker Heights Nature Center, and education on aging from Fairhill staff, volunteers and teen counselors.



Kinship teens had a busy year. In the spring, they learned job skills, resume building, interviewing techniques and visited colleges during Teen Leadership week. Several applied for jobs as camp counselors,

and went through additional training, including a team-building exercise on the Camp Cheerful ropes course. “I learned how to control my anger and how to control dealing with kids. I appreciate my grandma



bringing me here,” said one counselor.

Families joined for education, bonding and age-appropriate fun during our monthly Family Days. While the children did their own activities, their guardians learned about computers, nutrition and gardening. When the families got back together, they enjoyed a meal – often prepared partially by teens.

One of 2009’s highlights was the annual Holiday Party in December, where families came together to honor and celebrate all that is good in kinship families. Thanks to our generous sponsors and Wishmakers, everyone went home happy.

*continued on page 8*

# News and Notes

## Chairman's Corner: Fulfillment

By Kevin K. Johnson

When speaking with colleagues I often ask the question, "What are you doing that brings you fulfillment?" I find this to be a better question than asking about motivation or personal goals and objectives. Setting personal goals and objectives is fine



and absolutely necessary, but pursuing fulfillment can address an inner need to make life better for others. For example, a personal goal could be to take care of one's self by

taking a Chronic Disease Self Management course; fulfillment could come in coaching a CDSM course to show others how to live with purpose and joy.

As you invest in self care this year, consider increasing your fulfillment by helping others age successfully. Here at Fairhill Partners, self care and care of others result from the many programs and educational opportunities connecting people to opportunities for lifelong learning, intergenerational relationships and successful aging. Assisting at a caregiver

function, working with teens, helping market the value, showing older adults how to get benefits, donating goods or money – there are hundreds of ways you can help.

Consider Fairhill Partners a source of fulfillment opportunities. Whether you give time, goods or money, your efforts will be well rewarded. Visit [www.fairhillpartners.org](http://www.fairhillpartners.org) today or feel free to call me directly to discuss Fairhill Partners. I'd be pleased to share with you how Fairhill Partners has added to my sense of purpose.

### Inside this Edition

Page 1	Kinship year in review
Page 2	Chairman's Corner Join Fairhill at the CIFF!
Page 3	The Board Walk Give Without Writing a Check Wills, Trusts, Estate Planning
Pages 4-5	Computer Learning Center classes
Pages 6-7	Caregiver Resources Care Fair Information
Page 8	Caregiver Resources Campaign for Kinship Village
Page 9	Health Promotion and Economic Security: In Memoriam: Naveah Jackson
Page 10	Volunteer & Lifelong Learning Opportunities Joe Ferritto's New Career
Page 11	Senior Guest House Welcome to Fairhill

## Join Fairhill at the Cleveland International Film Festival!

Fairhill will be sponsoring "Mrs. Moscowitz and the Cats" at the Cleveland International Film Festival, running from March 18–28, 2010, at the Tower City Cinemas in downtown Cleveland.

When bitter Mrs. Moscowitz slips and falls down the stairs, she finds herself in a nursing home where she discovers the person she used to be and falls in love again. Fairhill is excited to sponsor this film which fits in with our mission of helping older adults age successfully.

Screening times for the 300+ films that will be shown between Opening Night and Closing Night of the 34th Cleveland International Film Festival, including "Mrs. Moscowitz and the Cats," can be found at [www.clevelandfilm.org](http://www.clevelandfilm.org). Advanced ticket prices for most films are \$10 per film for Cleveland International Film Festival members and \$12 for non-members. Tickets are available online at [www.clevelandfilm.org](http://www.clevelandfilm.org), by telephone at 1-877-304-FILM, or at the CIFF store in the lobby of Tower City Cinemas.

## The Board Walk

By Dr. Stephanie FallCreek

Fairhill Partners' Board of Directors heads into 2010 with continuing enthusiasm for our mission and strategic plan. As three much appreciated and respected Directors complete their Board service, we welcome three new Directors.

Margaret "Peg" Kuechle, a long time member and past Board Chair, will spend more time traveling—the call of grandchildren is strong! As a former Benjamin Rose Institute Board member and an Alzheimer's Association Board past chair, Peg gifted us with networking, collaboration and partnering skills, and her experience in geriatric assessment and commitment to successful aging as a licensed social worker. Dolly Minter joined the Board in 2001 and has been a faithful member of the Program Committee. She is known and respected for her thoughtful, challenging questions and enduring commitment to our community. We are fortunate that Dolly will continue to share her "insight and

oversight" on the Program Committee. Ed Singer leaves the Board after three terms of wonderful support. Ed served on the Development, Audit, Governance, and two strategic planning committees. Ed finds the balance between margin and mission, and helped support an operations analysis in 2001 which improves the property business model. We will miss all three Directors and thank them for their valuable service!

We are delighted to welcome three new Directors: Dr. Melody Stewart, who serves as a Judge for the 8<sup>th</sup> Appellate District of the Ohio Court of Appeals; Marilyn Chorman, Assistant Director, Executive Doctor of Management Program, Weatherhead School of Management, Case Western Reserve University; and Sharon Jones, Chief Operating Officer of Visiting Nurse Association of Ohio. Their fresh perspectives, diverse experience and knowledge will be an asset as Fairhill Partners negotiates these challenging times!

## Eight Ways to Give to Fairhill Without Writing a Check

**Bequest in a Will** – Continue your lifetime support of Fairhill's mission by endowing your gifts through a bequest.

**Gift Annuity** – Give cash or stock and receive a guaranteed, favorably taxed income for life – plus a deduction.

**Appreciated Stock or Mutual Fund Shares** – Avoid capital gains tax and deduct the full fair market value for shares held more than one year.

**Living Trust** – Placing property that you wish to give away into a Living Trust with the Foundation can be convenient and simplify the settling of your estate. You continue to manage and control the property.

**Life Insurance** – Give Fairhill a policy or name it as the total or partial beneficiary.

**Real Estate** – Your home or other property can make an excellent gift. You can reserve the right to live in the property for your lifetime.

**Retirement Accounts, U.S. Savings Bonds** – If Fairhill is named the death beneficiary of an IRA or receives bonds through a will or trust, income taxes are avoided and the value qualifies for an estate tax deduction.

**Payable on Death** – With CDs, brokerage accounts, etc. You can file a form with your bank or other institution, making Fairhill the recipient of those funds at your death.

### Wills, Trusts & Estate Planning Seminar

Tuesday, May 18 – 3:30pm - 5:30pm

Learn:

- The Basics of Estate Planning, including Wills, Trusts, and more.
- What is Probate (versus non-probate) Property; Advance Directives: Living Will and Health Care Powers of Attorney;
- Estate Taxes -- What will you owe the Feds *and* Ohio?

To register call Sue Grant, 216-421-1350.

# Computer Learning Center - Guide to 2010 Classes

## Computer classes for adults ages 40 and better, taught by peers.

### WORD PROCESSING

Covers basics of word processing. Computer Fundamentals and mouse skills *required*.

Eight — once-a-week classes:

Mondays, June 21-Aug. 9, 9:30-11:30

Mondays, Sept. 27-Nov. 15, 1:00-3:00

**Cost: \$60 for 8 session class**

### BASIC DIGITAL PHOTOGRAPHY

Learn to edit, store, print and e-mail your own photos. Also learn Picasa, a free software program available to anyone with a computer and an Internet connection. Mouse skills and some word processing skills *required*.

Four — once-a-week classes:

Mondays, Mar. 22-Apr. 12, 1:00-3:00

Mondays, Apr. 19-May 10, 1:00-3:00

Mondays, June 21-July 12, 1:00-3:00

Mondays, Oct. 25-Nov. 15, 1:00-3:00

**Cost: \$40 for 4 session class**

### FLYERS, BROCHURES AND NEWSLETTERS

Learn how to create attractive and attention-getting flyers, brochures and newsletters using MS Word. Mouse skills and basic Word skills are *required*. Plan the flyer or brochure; lay out text; format the document; add pictures, borders and shading; name, store and edit your file.

Three — once-a-week classes:

Wednesdays, Apr. 28—May 12, 9:30-11:30

**Cost: \$30 for 3 session class**

### GOOGLE & BEYOND WORKSHOP

Search the Internet for useful resources.

One day workshop:

Tuesday, May 4, 10:00-12:00

Tuesday, Oct. 26, 10:00-12:00

**Cost: \$5**

### REALLY BASIC COMPUTER SKILLS

Designed for the *very beginner*. Introduction to hardware & software, Windows operating system basics and use of mouse & keyboard.

Five — once-a-week classes:

Tuesdays, Mar. 23-Apr. 20, 1:00-3:00

Tuesdays, Apr. 27-May 25, 1:00-3:00

Tuesdays, June 22-July 20, 1:00-3:00

Thursdays, June 24-July 22, 9:30-11:30

Tuesdays, July 27-Aug. 24, 1:00-3:00

Tuesdays, Sept. 28-Oct. 26, 1:00-3:00

Tuesdays, Nov. 2-Nov. 30, 1:00-3:00

**Cost: \$40 for 5 session class**

### INTRODUCTION TO COMPUTER APPLICATIONS

Continue to build your computer skills in this class. Computer Fundamentals and mouse skills *required*. Learn word processing techniques, basic file management spreadsheets, databases, Internet and e-mail

Eight — once-a-week classes:

Wednesdays, Mar. 24-May 12, 1:00-3:00

Wednesdays, June 23-Aug. 11, 1:00-3:00

Wednesdays, Sept. 29-Nov. 17, 1:00-3:00

**Cost: \$60 for 8 session class**

### INTERNET and EMAIL

Learn to use the Internet and e-mail.

Computer Fundamentals and mouse skills *required*. Learn Internet features and capabilities, how to get the most out of e-mail, how to search, and how to avoid viruses, spam, spyware and other “nasties.”

Five — once-a-week classes:

Wednesdays, Mar. 24-Apr. 21, 9:30-11:30

Wednesdays, June 23-July 21, 9:30-11:30

Wednesdays, Sept. 29-Oct. 27, 9:30-11:30

**Cost: \$50 for 5 session class**



**For additional details or to register for any of our upcoming Computer Learning Center classes or workshops call Vince Tillman today at 216.421.1350, ext. 113.**

# Computer Learning Center - Guide to 2010 Classes

## GENEALOGY WORKSHOP

Expand your knowledge of genealogy.

One day workshops:

Thursdays, Mar. 18, Apr. 15, May 20,  
1:00-3:00

Cost: **NO CHARGE**

## GENEALOGY—FALL ONLY

Obtain and use free genealogy record keeping and software. Research and link up with others on the Internet. Use special resources for Afro-American genealogy. Learn about your ancestors and create a family album.

Eight — once-a-week classes:

Thursdays, Sept. 30-Nov. 18, 1:00-3:00

Cost: **\$60 for 8 session class**

## EXCEL—FALL ONLY

Learn how to create spreadsheets and charts for business and personal use. Mouse skills *required*.

Six — once-a-week classes

Thursdays, Sept. 30-Nov. 4, 9:30-11:30

Cost: **\$60 for 6 session class**

## BUYING AND SELLING ON EBAY

Learn how to buy and sell items on eBay. Learn how to set up an account, describe your item, bid, collect money, and more.

Four — once-a-week classes:

Mondays, Mar. 22-Apr. 12, 9:30-11:30

Mondays, Apr. 19-May 10, 9:30-11:30

Mondays, July 19-Aug. 9, 1:00-3:00

Mondays, Sept. 27-Oct. 18, 9:30-11:30

Cost: **\$40 for 4 session class**

## POWERPOINT

Create your own slide show!

Eight — once-a-week classes:

Tuesdays, June 22-Aug. 10, 9:30-11:30

Cost: **\$60 for 8 session class**

## SEARCHING FOR MEDICAL INFORMATION—NEW!

Search the Internet for health information.

Six — once-a-week classes:

Thursdays, Mar. 25-Apr. 29, 9:30-11:30

Cost: **\$50 for 6 session class**

## SOCIAL NETWORKING—NEW!

Learn all about Facebook, Twitter, LinkedIn and other ways of communicating with old and new friends.

Eight — once-a-week classes:

Tuesdays, Mar. 23-May 11, 9:30-11:30

Tuesdays, Sept. 28-Nov. 16, 9:30-11:30

Cost: **\$60 for 8 session class**

## FILE MANAGEMENT WORKSHOP

Learn the basics of file management using “folder trees.” Create, delete and move folders. Organize your computer! Mouse skills are *required*.

One day workshop:

Tuesday, Apr. 20, 10:00-12:00

Tuesday, Oct. 12, 10:00-12:00

Cost: **\$5**

## No Charge Classes

### INTRODUCTORY CLASS

On computer use and mouse skills, for adults 40 and over.

One day workshop.

Monday, Mar. 15, 10:00-12:00

Monday, Mar. 15, 1:00-3:00

Monday, June 14, 10:00-12:00

Monday, June 14, 1:00-3:00

Monday, Sept. 20, 10:00-12:00

Monday, Sept. 20, 1:00-3:00

Cost: \$5 deposit which will be refunded upon arrival at class.

Registration is Required.

Class is limited to 12 participants.



**Want to share your computer knowledge and expertise? We are in need of Instructors and Coaches. Please call Vince Tillman at 216.421.1350, ext. 113.**

# Caregiver Resources - 2010

**“Caregiver stresses and burdens, joys and opportunities are universal regardless of the situation and can be shared in a variety of ways. Our programs bring practical tools together in managing caregiving situations so you’ll see more integrated programming this year.” —Stacey Rokoff, Director, Successful Aging Programs**

*Family caregivers provide care for loved ones such as attending doctor’s appointments, filling medications, home care assistance and more.*

*Kinship caregivers are grandparents or other older adult relatives raising non-biological children.*

## **FOR THE CAREGIVER IN YOU - AN INTRODUCTION TO CAREGIVING**

Caregiving 101—professionals from the community talk about core caregiving techniques such as community resources, financial and legal advice, stress management and more.

Registration required.

Tuesdays, Apr. 6-Apr. 27, 1:30-3:30

Tuesdays, May 4-May 25, 1:30-3:30

Tuesdays, June 8-June 29, 1:30-3:30

Tuesdays, Sept. 7-Sept. 28, 1:30-3:30

Tuesdays, Oct. 5-Oct. 26, 1:30-3:30

Tuesdays, Nov. 2-Nov. 30, 1:30-3:30

Tuesdays, Dec. 7-Dec. 28, 1:30-3:30

**Cost: No Charge (valued at \$250)**

**Donations Appreciated**

**Light refreshments provided**

## **CAREGIVER DANCE CLASS (NEW!)**

Join other caregivers for fun and exercise.

Thursdays, 9:30-11:30

Mar. 25    Apr. 22    May 27

Apr. 8    May 13    June 10

**Cost: No Charge**

**Donations Appreciated**

## **ASSISTIVE TECHNOLOGY TOURS**

Not sure how to adapt your home to an older person’s needs? Try out products and home enhancements that make life easier!

Townhouse 4 has a selection of these items on display and for demonstration.

**Cost: No Charge**

**Appointments Required**

## **MONTHLY CAREGIVER SUPPORT GROUP**

Peer to peer mentoring by fellow caregivers supplemented by education and information sharing. Open to all caregivers.

Thursdays, 11:00-2:00

*11:00-12:30 Family caregivers*

*12:30-2:00 Kinship caregivers*

*All are welcome to stay for both sessions!*

Mar. 25    June 10    Aug. 26    Nov. 11

Apr. 8    June 24    Sept. 9    Dec. 9

Apr. 22    July 8    Sept. 23

May 13    July 22    Oct. 14

May 27    Aug. 12    Oct. 28

**Cost: No Charge**

**Donations Appreciated**

**Light lunch included**

## **NEW TIME! FAIRHILL BREAKFAST CLUB**

New topics, new day, new spread, same place! Join other caregivers and professionals for timely, relevant, practical information on successful aging.

Thursdays, 10:30-1:00

Apr. 15    July 15    Oct. 21

May 20    Aug. 19    Nov. 18

June 17    Sept. 16    Dec. 16

**Cost: \$6.00 (includes brunch)**

**No charge for caregivers**

**CEUs available for an extra charge**

Made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, a grant from the Saint Luke’s Foundation and gifts to the Fairhill Annual Fund

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call Vince Tillman at 216.421.1350, ext. 113.**

# Caregiver Resources - 2010

## INDIVIDUAL CAREGIVER COUNSELING

Meet one-on-one with a licensed social worker and discuss your caregiving situation. Whether you need assistance navigating through community resources, developing next steps or simply talking to someone who understands - this hour is yours!

**Cost: No Charge**

**Appointments Required**

**Donations Appreciated**

## CAREGIVER CLOSET

Filled with wheelchairs, walkers, crutches and other items for caregivers to borrow as needed. The closet needs donations and someone to sort and organize monthly.

**Cost: No charge**

**Appointments Required**

**Wheelchair/Walker etc.**

**Donations Accepted**

## CAREGIVER FAMILY DAYS

Something for everyone. Adult and teen workshops, children's activities, adult support groups, brunch and take home resources. Saturdays, 11:00-2:00

Apr. 17    July 17    Nov. 20

May 15    Aug. 21

June 19    Sept. 18

**Cost: No charge**

**Donations Appreciated**

**Brunch included**

## KINSHIP KIDS CLOTHES CLOSET

Clothes for kids shared by other kinship caregivers. Call to arrange a time to visit the clothes closet.

**Cost: No charge**

**Appointments Required**

**Clothing Donations Accepted**

## Care Fair Series

### Health and Safety Fair

Thursday, May 6, 2010

1:00-3:30 p.m. or 3:30-6:00 p.m.

Learn medication management, food safety, and finding the healthy balance. More than 20 exhibitors sharing information and advice.

Free admission, refreshments, door prizes.

Free respite and child care available with advance notice.

Registration required.

3-4 CEUs — \$30

Presented by Fairhill Partners in partnership with Huron Hospital

To register call Vince Tillman at 216.421.1350, ext. 113.

## TEEN LEADERSHIP PROGRAMMING

Helps teens learn effective ways to communicate, teen building skills, conflict resolution and cultural awareness.

Opportunities vary from jobs as teen counselors at our Kin Kids Summer Camp to college trips for future planning.

Teen Leadership Camp, Mar. 30-Apr. 2

Teen Leadership Camp, Apr. 6-Apr. 10

**Call for details about registration**

**Cost: No charge**

**Lunch and Bus Passes Provided**

## SAVE THE DATES!

### Kinship Kids Camp

Tuesday-Saturday, July 20-24

Tentative second session:

Tuesday-Saturday, Aug. 3-7

We will send registration letters to families this spring.

### Kinship Clothing Drive

Wednesday, Aug. 11

National Council of Jewish Women will help provide back-to-school clothes for our kinship children.

**Do you see yourself as a volunteer at Fairhill's caregiver programs? If you do, please call Vince Tillman at 216.421.1350, ext. 113, to discuss how YOU can make a difference.**



## Caregiver Resources - 2010

*Kinship families enjoy 2009 continued from page 1*

Fairhill Partners hopes kinship families will be even more active in 2010. From respite days to teen leadership training to Kin Kids summer camp, we offer fun and education for the whole family – as well as plenty of opportunities for volunteers and donors to get involved.

New this year, kinship families will have the option to meet family caregivers in some of our new integrated programming. Our programs bring practical tools together to help everyone manage their caregiving situation, no matter what it is.

“We look forward to continuing to build relationships and support our families,” said Stacey Rokoff, Director, Successful Aging Programs. “We hope you’ll join us, as a participant, volunteer, or donor.”



The National Council of Jewish Women, Beachwood Happy Hookers knitting group, St. Paul’s Episcopal Church, the Outcalt family, David and Muriel Nachman, J P Quality Printing and over 150 volunteers and 60 Wishmakers helped make the holiday party a success by donating gifts, time and money. Special thanks to Dave’s Supermarkets and the Saltzman family for providing the main dishes served at lunch.

### *Campaign for Kinship Village*



Kinship Village took another significant step forward when Fairhill chose FORUM Architectural Services to further develop the preliminary designs generously prepared pro bono by Jack Bialosky Sr. FORUM will transform the designs into contract documents for building permits and contractors’ bids. Funds raised through the Kent H. Smith Charitable Trust challenge grant support FORUM’s services.

Phase One construction (converting Building #6 into 9 apartments) will begin when we secure funds to complete renovation. We have contacted several possible sponsors, but more ideas (and checks!) are needed. Once construction begins, the building should be habitable within 6-8 months.

We are grateful for donations already received. If you have not given, or would like to make a further donation, please consider one. The sooner we raise the money for this next step, the sooner we can offer apartments to kinship families.

**Donate to the Campaign or request Campaign updates by contacting Michael C. Gathercole at 216.421.1350 extension 118 or [mcg@fairhillpartners.org](mailto:mcg@fairhillpartners.org)**

Kinship teen services made possible in part by The Treumart Fund (a supporting organization of the Cleveland Foundation and The Jewish Community Federation of Cleveland). Partial support for kinship services also provided by The Older Americans Act Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging. The Fairhill Annual Fund supports all programs.

**To register or volunteer for any of Fairhill’s caregiver programs, please call Vince Tillman at 216.421.1350, ext. 113, for more information.**



# Health Promotion and Economic Security - 2010

## Nationally proven programs to help you take charge of your health.

### A MATTER OF BALANCE

Falls are more common than strokes and are just as serious. Learn to prevent falls at A Matter of Balance (MOB). Classes are coached by peers – members of the community who have taken the course and are trained to teach the classes to others.

- Join an 8-week course.
- Enroll a friend or relative.
- Ask for this class to be taught where you live.
- Become an MOB coach!

Wednesdays, Mar. 24-May 12, 10:00-12:00

Wednesdays, June 9-July 28, 10:00-12:00

Wednesdays, Sept. 22-Nov. 10, 10:00-12:00

**Cost: No Charge**  
**Donations Appreciated**  
**(light refreshments provided)**

### TAKING CHARGE OF YOUR HEALTH: CHRONIC DISEASE SELF-MANAGEMENT

Different chronic health problems are addressed in this program to help individuals manage their own or a loved one's chronic disease. Topics include communicating with health care providers and managing medication. Classes are geared to individual participants' needs.

- Join a 6-week course.
- Enroll a friend or relative.
- Ask for this class to be taught where you live.
- Become a CDSM coach!

Wednesdays, Mar. 24-Apr. 28, 1:00-3:00

Wednesdays, June 9—July 14, 1:00-3:00

Wednesdays, Sept. 22-Oct. 27, 1:00-3:00

**Cost: No Charge**  
**Donations Appreciated**  
**(lunch provided)**

Call for coaches' training and off-site schedules.

### ACCESS YOUR BENEFITS:

Many older adults in our community struggle to pay for medications, utilities, health care, food and other vital services. If you are 55 or older (18 or older with disabilities), with limited income please call 211 (or Fairhill Partners at 216.421.1350) and tell them you want to take the Benefits Eligibility Survey. A trained Benefits Ambassador will gladly assist you to take this easy survey. You may be eligible for one or more of over 1,300 Federal, State, and Local Public Benefits programs. Access Your Benefits is a fast, free and private way to find out how you can save money!

If you are interested in volunteering to be a Benefits Ambassador, contact Greater Cleveland Volunteers at 216.391.9500 or Fairhill directly at 216.421.1350, ext. 182.

### Naveah Miracle "Nay Nay" Jackson "Forever in our Hearts"



Sunrise—  
Jan. 1,  
2001

Sunset—  
Nov. 12,  
2009

### AARP Driver Safety Course

Thursday, March 18, 2010

9:00AM-1:00PM

AARP Members \$14/Non-Members \$16

For Reservations Call (216)421-1350

Supported in part by the Western Reserve Area Agency on Aging, consumer donations and gifts to the Fairhill Annual Fund and in partnership with the Cuyahoga County Board of Health.

To register or volunteer for any of Fairhill's Health Education classes, please call Vince Tillman at 216.421.1350, ext. 113.

# Volunteer and Lifelong Learning Opportunities

## Wellness and wisdom opportunities are always available at Fairhill!

### MAILING BUDDY

Coffee, treats, good conversation, folding and labeling! Call for information on Bulk Mailing Dates for 2010.

### TELEPHONE BUDDY

Come in once or twice a month to make class, program and event reminder calls.

### SUCCESSFUL AGING COACHES & INSTRUCTORS

Coaches and instructors needed for the Computer Learning Center, Senior Guest House, School for Caregivers and Kinship Services. See pages 4-5, 6-7, and 8-9 for program descriptions and contact information.

### PEER LED PROGRAMS

Led, staffed and maintained by unpaid (volunteer) staff.

#### YES I CAN

Low impact aerobics, stretching, line dancing and use of well-maintained fitness room.

Monday - Friday

**Morning Session:** 7:30 - 9:30 a.m.  
**Afternoon Session:** 4:00 - 6:00 p.m.

**Cost: Free Will Donation \$5.00 per month**

#### KNITTING CLUB

Crafts group meets to improve skills and for stimulating conversation. Thursdays at 9:00 - 11:00 a.m.

#### THE ENCORE STORE

Community resource shop of donated items. With expanded hours, Doris and Judith look forward to seeing you soon.

Monday: 10:00 a.m. - 3:00 p.m.

Tuesday: 10:00 a.m. - 4:00 p.m.

Wednesday: 10:00 a.m. - 4:00 p.m.

Thursday: Flexible hours

Friday: Closed

## The Future is Now for Joe Ferritto

By Philip Studmire and Karen McKeenan

"Retiring is like a new job; get a hobby or sport or volunteer somewhere but do something," said Joe Ferritto.

Joe, a Vietnam vet, first came to Fairhill Partners over four years ago, seeking help for his role as a caregiver



for his sister. Fairhill caregiver classes gave him the support, information and resources he needed.

After she passed away, Joe retired from his purchasing manager job at a large industrial distributor, where he had been for nearly 40 years. He suddenly needed something to do; as he said, "A new career."

Volunteering became that new career he was seeking. Joe loved the fact that Fairhill's in the neighborhood and only a 15-minute walk. He also likes the culture and overall environment. "It's a friendly atmosphere; people jump in and help each other at Fairhill. I like mixing it up with different people; it's very interactive."

Fairhill, with its variety of roles, appeals to retired professionals. Joe wanted flexibility, but also an important role. He began working with Stacey Rokoff, Director, Successful Aging Programs, on caregiver and evidence-based health management classes. Joe enters data on each class which helps Fairhill get or maintain funding from outside organizations. He also makes phone calls and helps with special events like the holiday party.

Joe plans to continue his future at Fairhill by becoming a Matter of Balance coach, and recently has increased his volunteer hours. "I'm thrilled and inspired to watch Joe," Ms. Rokoff said. "He has been with Fairhill for several years and continues to find meaningful ways to contribute."

**For more information about these lifelong learning opportunities on campus, call Charlie at 216.421.1350, ext. 117.**

# Senior Guest House

**Providing a temporary home for older adults in a housing crisis.**

## MAKE THE SENIOR GUEST HOUSE YOUR MISSION

Safe, temporary and cost effective residential housing on the Fairhill Partners campus for up to eight older adults at a time, with 30 to 50 guests served annually. Residents can stay for up to 90 days. Approximately \$150,000 keeps the doors open for a year. More than 30 happy, successful transitions happen yearly. Consider sponsoring a guest room for \$15,000, a single guest for \$4,000 or adopt a room for a week at \$400. Sponsorship at any level is appreciated!

## CATERER NEEDS POTS, PANS

Daniela Trepp, former Senior Guest House resident, is a master chef who wants to be a caterer. She cooks for Fairhill events while learning business skills from a mentor. She needs heavy-duty cooking utensils, a serving cart, etc.

## SENIOR GUEST HOUSE CLOSET

Contains transitional household items like sheets, towels, pans, and toaster oven. All for residents to take as they start a new home after leaving the Senior Guest House (SGH).

# Welcome to Fairhill!

## Our new tenant partners . . .

### Acacia Speech Therapy:

Provides comprehensive, individualized speech language evaluations and treatments for children, adults and seniors.

### Mary E. Murphy, M.Ed., LPC, LLC:

Licensed mental health counselor, experienced mediator, and parenting coordinator.

### Pneuma Chapel:

Faith Based organization, Spiritual Restoration (Physical and Mental).

### Substance Abuse Initiative:

Substance abuse prevention agency dedicated to promoting drug free communities in Greater Cleveland.

## . . . And our new employees!

Fairhill welcomes Charlie Austin, Executive Assistant; Bruce Amsel, Access Your Benefits (AYB) coordinator; Judie Amsel, AYB navigator; and Marguerite Sherwin, SGH Associate. We also extend a warm welcome to trainees from the National Caucus on



Charlie Austin      Bruce Amsel      Judie Amsel      Marguerite Sherwin



Black Aged, Inc. Pictured: Addie Hawthorne, Housekeeping; Dorothy Harvey, Front Desk Service; Daniela Trepp, Catering; AJ Moore, AYB; Doris Harris, Encore Store; Darcell Carroll, Housekeeping; Harold Hughes, AYB. Not pictured: Jayshree Chatterjee, Program Assistant; Marianne Morrow, Evening Service; Patricia Solomon, Finance Assistant.

**To obtain more information or to volunteer at the Senior Guest House please call Charlie at 216.421.1350, ext. 117 or [caustin@fairhillcenter.org](mailto:caustin@fairhillcenter.org).**

## Fairhill Partners

connects people to opportunities for lifelong learning,  
intergenerational relationships, and successful aging

12200 Fairhill Road  
Cleveland, OH 44120

216.421.1350  
www.fairhillpartners.org  
Spring, 2010

Non-Profit Organization  
US Postage  
PAID  
Cleveland OH  
Permit No. 1084

**Kevin K. Johnson**  
Chairman  
**Stephanie FallCreek**  
President / CEO  
**Sue E. Grant**  
Director of Marketing &  
Development

Contributing Writers & Photographers:

- Fran Cort
- Karen McKeenan
- Philip Studmire
- Vince Tillman

Comments? Inquiries?  
[sgrant@fairhillpartners.org](mailto:sgrant@fairhillpartners.org)

# Programs & Dates Listed Inside!

**Discover a new space for your  
nonprofit or business in  
Fairhill's one-of-a-kind  
collaborative community.**

### Fairhill Offers...

Long-term leases at competitive rates—\$12-\$20 per square foot (all inclusive)

Free Parking

Suites from 100 – 15,000 square feet

Thirty dynamic partners

Just blocks from University Circle, Shaker Square,  
Larchmere, Cleveland Heights and Shaker Heights

Central location (10-15 minutes to downtown  
Cleveland and Interstate 271)

Easy access to public transportation



**Small Office  
Suite**



**Onsite  
Conference  
and  
Meeting  
Facilities**



**Large Office  
Suite**

**For more information or to schedule a tour call Tom Cerjak at 216-421-1350, ext. 125  
Visit our website [www.fairhillpartnersleasing.com](http://www.fairhillpartnersleasing.com)**