



Family togetherness makes winter celebration special

Kinship family sharing was everywhere at Fairhill’s annual winter celebration.

“Togetherness made it special – we helped the families to celebrate together,” said Stacey Rokoff, Director of Successful Aging Programs.

Close to 60 families, including 140 children, enjoyed a family style meal and a visit from Santa Claus, among other activities. Every child got a gift to take home, and more children who didn’t attend the party will receive gifts as well.

“My children love this party, they really do,” said one grandmother. “They enjoy seeing Santa Claus and it’s very good to have something from Santa to take home. I love this party.”

A highlight was an interactive, intergenerational Peter Pan play, led by the Music Theater Project. Actors from the project taught children and their grandparents songs and skits, then they all got together for the presentation.



Volunteers and Fairhill staff took pictures, including family portraits; set up the room; served the food; and generally made everything run

smoothly.

Families had a great time. As one grandparent said, “Every year we enjoy it. I love it because some children, some parents don’t have the



means to give them a Santa Claus, then they have something to put upon their tree. At least, they will have a gift, and a Christmas dinner; if they don’t have a chance to have a Christmas dinner, they had this one at Fairhill, and they love Fairhill.”

The National Council of Jewish Women, St. Paul’s Episcopal Church, and 85 other Wishmakers helped make the winter celebration a success by donating gifts, time and money. Special thanks to Dave’s Supermarkets and the Saltzman family for providing the main dishes served at lunch.

News and Notes

Everyone had a good time at the UPTOWN Hoedown

Ya-Hoo! Friends of Fairhill Partners donned cowboy boots, Stetsons, and bandanas for a boot-scootin' good time at the UPTOWN Hoedown, Saturday, Aug. 21, 2010.

The Hoedown, Fairhill's annual benefit, celebrated the year-long work of Fairhill's Successful Aging Programs. Benefit Co-Chairs Kevin K. Johnson and James C. Wallace, the Board, Benefit Committee members, and numerous other volunteers made sure everyone had a good time. Corporate Leadership Co-Chairs John DiMare and Joe Stram were tireless in their efforts to introduce new donors and sponsors to Fairhill, and to appreciate all our longtime donors and sponsors who continue to give and believe in our mission. Food Chairperson Lillian Levine once again worked with Hoggy's to offer a terrific dinner. Auction Committee Co-Chairs Rosemary Paul and Sheila Niles requested and cataloged many fine donations for silent and live auctions, and Art Exhibit Co-Chairs Bonnie Dolin and Susan Hanna brought knowledge and expertise to helping set up our first benefit art exhibit. Decorating maven Rhona Jacobsen handcrafted fabulous centerpieces and a great overall "look" for the event.

Of course, the benefit would not have been possible without support from our wonderful corporate sponsors: Joshen Paper; Lubrizol; Ulmer & Berne LLP; Zagara's Marketplace; Huntington Bank; Montlack Realty LLC; Visiting Angels Senior Home Care; The Human Resource Department, Inc.; Premier Accounting; and Paley Plumbing and Fire Protection.

"This was a great way for people to come out, eat, dance, have a good time and support Fairhill," said Dr. Stephanie FallCreek, President/CEO. "We raised almost \$30,000 to fund our 2010 programs." We hope to see you at our next UPTOWN Hoedown, scheduled for Saturday, Sept. 17, 2011.



Join your Fairhill friends at the Home and Garden show

Help Fairhill Partners promote its programs and services at the 68th Annual Cleveland Home & Garden show! We need you at Booth 1513 to tell visitors about Fairhill, distribute literature, and answer questions. Answers to frequently asked questions will be provided. We plan to staff the booth in two-hour shifts and chairs will be provided. Of course, you'll be able to visit the show before or after your shift.

The show, Jan 21-30, 2011, will be at the Great Lakes Expo Center in Euclid, Ohio, which offers 10 acres of free parking.

In addition to Fairhill, the event will showcase Celebrity Gardens and Feature Gardens designed by top landscape contractors from Northeast Ohio, as well as the Green Thumb - Retail Plant section. The Show will also feature a handmade Arts & Crafts section and Make-it and Take-it pavilion. The wildly popular Home Idea Center/Interior Designer Showcase now features 12 different rooms, as well as the new Paint, Wallpaper & Decorating Expo coordinated by Sherwin Williams. Home Improvement, Cooking and Gardening Seminars will also be conducted.

"This is a terrific opportunity for us to show Greater Clevelanders what Fairhill is all about," said Dr. Stephanie FallCreek, President/CEO. "We did this in 2009 and hope to have even more volunteers this year. Come join us!"

For more information or to sign up for a two-hour shift, please call Fairhill at 216-421-1350.



Welcome to Fairhill!

Our new tenant partners

Range Of Change Enrichment Center (*Leslie Smijohn, President (216) 325-7760 www.rocec.org*)

A long term focus of empowering students to become successful academically as well as within society is the primary goal of Range of Change Enrichment Center.

Standing for Jesus Ministries

Pastor Emanuel DeBose (216)392-0922

A Church moving from membership to discipleship, from an audience to an army, building on nothing less than the Word of God.



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Where are you in this Annual Fund picture?

Fairhill Partners appreciates the many individual donors, board members, corporations, and private foundations who contributed to our 2010 Annual Fund. Whether you sent cash or a check, granted us money through a foundation or corporation, or attended the Uptown Hoedown, thank you! The Annual Fund works in many different ways to provide older adults with opportunities for lifelong learning, intergenerational relationships, and successful aging:

- Joe Ferritto, a key unpaid staff member, enters data about participants and programs to help us better understand our programs and to report to funders. The Annual Fund pays for Joe's computer and overhead, along with equipment to help other paid and unpaid staff members carry out the mission.

- The Annual Fund provides software applications and computers for our Computer Learning Center, allowing us to teach hundreds of older adults how to use computers each year. The Annual Fund also supplies scholarships to students who cannot pay the class tuition.

- Along with generous gifts from corporate and foundation sponsors, the Annual Fund supports a summer Kinship Camp to educate children, provide leadership opportunities for teens, and offer respite to grandparents. For a glimpse, go to www.fairhillpartners.org/kinshipcare. (To continue in 2011, this camp will need new supporters; can you help?)

- The Annual Fund helps support programs which show caregivers how to take care of themselves as well as their loved ones, provide education and bonding time for families once a month, and special caregiver events throughout the year.

- The services for the 40-50 temporarily homeless older adults who stay at the Senior Guest House each year are partially supported by the Annual Fund.

Thank you for your 2010 Annual Fund gift. We hope you can help us again in 2011. Please return the gift card enclosed with this newsletter, visit the website to make a credit card donation online, or stop in to volunteer. Gifts of stock also are welcome. For our future please consider making a simple bequest to Fairhill in your will.

Computer Learning Center - Guide to 2011 Classes

Learn and have fun in classes for adults ages 40 and better, taught by peers!

WORD PROCESSING

Covers basics of word processing. Computer Fundamentals and mouse skills required.

Eight — once-a-week classes:

Mondays, March 21-May 9, 1:00-3:00

Cost: \$60 for 8 session class

BASIC DIGITAL PHOTOGRAPHY

Learn to edit, store, print and e-mail your own photos. Also learn Picasa, a free software program available to anyone with a computer and an Internet connection.

Mouse skills and some word processing skills required.

Four — once-a-week classes:

Mondays, Mar. 21-Apr. 11, 9:30-11:30

Cost: \$40 for 4 session class

FLYERS, BROCHURES AND NEWSLETTERS

Learn how to create attractive and attention-getting flyers, brochures and newsletters using MS Word. Mouse skills and basic Word skills are required. Plan the flyer or brochure; lay out text; format the document; add pictures, borders and shading; name, store and edit your file.

Three — once-a-week classes:

Wednesdays, Apr. 27-May 11, 9:30-11:30

Cost: \$30 for 3 session class

BUYING AND SELLING ON EBAY

Learn how to buy and sell items on eBay. Learn how to set up an account, describe your item, bid, collect money, and more.

Four — once-a-week classes:

Mondays, Apr. 18-May 9, 9:30-11:30

Cost: \$40 for 4 session class

GENEALOGY WORKSHOP

Expand your knowledge of genealogy.

One day workshops:

Thursdays, Mar. 17, Apr. 21, May 19,
1:00-3:00

Cost: NO CHARGE

REALLY BASIC COMPUTER SKILLS

Designed for the very beginner. Introduction to hardware & software, Windows operating system basics and use of mouse & keyboard.

Five — once-a-week classes:

Tuesdays, Mar. 21-Apr. 19, 1:00-3:00 Tuesdays,
Apr. 26-May 24, 1:00-3:00

Cost: \$40 for 5 session class

INTRODUCTION TO COMPUTER APPLICATIONS

Continue to build your computer skills in this class. Computer Fundamentals and mouse skills required. Learn word processing techniques, basic file management spreadsheets, databases, Internet and e-mail

Eight — once-a-week classes:

Wednesdays, Mar. 23-May 11, 1:00-3:00

Cost: \$60 for 8 session class

INTERNET and EMAIL

Learn to use the Internet and e-mail.

Computer Fundamentals and mouse skills required. Learn Internet features and

capabilities, how to get the most out of e-mail, how to search, and how to avoid viruses, spam, spyware and other "nasties."

Five — once-a-week classes:

Wednesdays, Mar. 23-Apr. 20, 9:30-11:30

Cost: \$50 for 5 session class

EXCEL

Learn how to create spreadsheets and charts for business and personal use. Mouse skills required.

Six — once-a-week classes

Thursdays, Mar. 24-Apr. 28, 9:30-11:30

Cost: \$60 for 6 session class

NO CHARGE INTRODUCTORY CLASS

Computer and mouse skills for beginners!

Be brave, take this friendly one day workshop!

Monday, Mar. 14, 10:00-12:00

Monday, Mar. 14, 1:00-3:00

Registration required—limited to 12 students.

\$5 deposit will be refunded upon arrival at class



For additional details or to register for any of our upcoming Computer Learning Center classes or workshops call today at 216.421.1350, ext. 113.

Computer Learning Center / Volunteer Opportunities

CLC computers upgrade to Windows 7, Office 2007

Fairhill's Computer Learning Center (CLC) will be upgrading its computers to the Windows 7 operating system and Microsoft Office 2007 applications in January.

"This will allow us to teach students current versions of popular applications like Word and Excel, as well as help them understand how to retrieve and store information on newer computers," said Tom Cerjak, CLC coordinator.

As part of this upgrade, Fairhill's experienced CLC instructors will be learning about the Windows 7 operating system in January, and will be converting existing class documentation to begin teaching the new Microsoft applications in March.

There's something for everyone at the CLC – computer basics for complete beginners; word processing; spreadsheets; Internet and e-mail; flyers, brochures, and newsletters. We also offer courses in operating a digital camera and processing pictures, and buying and selling on eBay. And, our genealogy workshops are back this spring.

Still undecided as to whether the CLC is right for you? Check out our no charge beginner class on March 14!

If you're an experienced computer user who

would like to help other adults learn, we always need coaches who provide help for students, and instructors who can teach from a provided manual, or even teach a new class!

Call 216-421-1350, ext. 113, to volunteer or to sign up for a class. We look forward to seeing you at one of our classes this spring.



A Few of our Volunteer and Lifelong Learning opportunities!

MAILING BUDDY

Coffee, treats, good conversation, folding and labeling! Call for information on Bulk Mailing Dates for 2011.

TELEPHONE BUDDY

Come in once or twice a month to make class, program and event reminder calls.

SUCCESSFUL AGING COACHES AND INSTRUCTORS

Coaches and instructors needed for the Computer Learning Center, Senior Guest House, School for Caregivers and Kinship Services. See pages 4-5, 6-7, and 8-9 for program descriptions and contact information.

YES I CAN

Low impact aerobics, stretching, line dancing and use of well-maintained fitness room.

Monday - Friday

Morning Session:

7:30 - 9:30 a.m.

Afternoon Session

4:00 - 6:00 p.m.

Cost: Free Will Donation \$5.00 per month

KNITTING CLUB

Crafts group meets to improve skills and for stimulating conversation.

Thursdays at 9:00 - 11:00 a.m.

THE ENCORE STORE

Community resource shop of donated items. With expanded hours, Judith and her team. look forward to seeing you soon.



For more information about volunteering and lifelong learning opportunities, call Fairhill at 216-421-1350.

Healthy U - 2011

2011 is the year to Take Charge of Your Health!

If your New Year's resolution is to better manage your diabetes, or if you want to help a family member or a friend, sign up for Fairhill's no-cost Diabetic Self-Management Program (DSMP).

"We show you how to fit diabetes into your lifestyle," said Stacey Rokoff, Fairhill's Director of Successful Aging Programs and a Certified Master Trainer for DSMP. "You can go out to dinner with your friends and know how to look at your plate and tell you're eating a healthy dinner without counting carbs."

DSMP, developed and licensed by Stanford University, provides support and teaches practical ways to deal with pain and fatigue, sugar control, better nutrition and exercise choices, understand new treatment choices, and better ways to talk with your doctor and family about your health.

"I like the practical tools of day to day management of diabetes," Ms. Rokoff said. DSMP has been proven to improve health, function and communication with doctors, while reducing stress and helping manage symptoms like fatigue, pain and depression.

Set your own weekly goals and make a step-by-step plan to improve your health – and your life. Join us for six Wednesdays, 10:00 a.m. – 12:30 p.m., Jan. 19 – Feb. 23, 2011. Light refreshments are provided.

We also offer two other health promotion classes:

A MATTER OF BALANCE

Falls are more common than strokes and are just as serious. Learn to prevent falls at A Matter of Balance (MOB). Classes are coached by peers – members of the community who have taken the course and are trained to teach the classes to others. Join an 8-week course today.

Wednesdays, Jan. 19-Mar. 9, 1:00-3:00

Thursdays, Mar. 23-May 11, 1:00-3:00

Fridays, May 18-July 6, 1:00-3:00

Cost: No Charge

**Donations Appreciated
(light refreshments provided)**

TAKE CHARGE OF YOUR HEALTH: CHRONIC DISEASE SELF-MANAGEMENT

Different chronic health problems are addressed in this program to help individuals manage their own or a loved one's chronic disease. Topics include communicating with health care providers and managing medication. Classes are geared to individual participants' needs. Join a 6-week course today.

Mondays, Jan.24-Feb. 28, 3:00-5:30

Wednesdays, Mar. 23-May 11, 10:00-12:30

Wednesdays, May 18-July 6, 10:00-12:30

Cost: No Charge

**Donations Appreciated
(light refreshments provided)**

Call for off-site schedules.

Volunteer to Help Others Learn!

CDSM COACH TRAINING

Tues., Apr. 19-Fri., Apr. 22, 9:00-5:00

MATTER OF BALANCE COACH TRAINING

Friday, Apr. 8, 9:00-5:00



Made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, a grant from the Saint Luke's Foundation and gifts to the Fairhill Annual Fund

To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.

Campaign for Kinship Village gathers steam

By Michael C. Gathercole



As reported in the Summer Edition, we needed to raise a further \$750,000 in order to complete Phase I. Since then, a grant of \$75,000 from the Eva L. and Joseph M. Bruening Foundation met the matching funds needed to secure the \$50,000 challenge grant awarded earlier by the Fred Lennon Trust. The Cleveland Foundation has earmarked \$200,000 for the project; we also have received \$25,000 from the Abington Foundation, \$10,000 from the Higley Family Fund, and \$1,000 from Medical Mutual of Ohio. We now need “only” \$389,000. We have more prospects which we hope will enable us to begin the main renovation work soon. Meanwhile, our grateful thanks to all these generous donors, who join the extensive list of those who have supported the project and to whom our repeated thanks are also due.

We continue to do some of the required work as money becomes available and opportunity arises. We have the funds to pay for a test borehole on the site of the geothermal energy field and hope to start that soon. We want to raise separately \$43,000 to meet the cost of purchasing and installing the new electricity transformer that will be needed to serve the new apartments in Kinship Village. If you know generous person(s) who might be interested in helping us to acquire this essential equipment, please contact me. Any additional gift that you feel able to make would also help to have the transformer ready in advance. Thank you for considering this.

Meanwhile, on November 18, 20 enthusiastic, energetic volunteers from Developers Diversified worked with me for eight hours during their community service day to take up more floorboards in Building #6. They cleared two floors and left them absolutely ready for the contractors, leaving only half a floor to clear. Thanks to those new friends of Fairhill and to all others who have participated in community service days donated by seven other corporations this year. Their efforts are invaluable.

Donate to the Campaign or request updates by contacting Michael C. Gathercole at 216.421.1350 extension 118 or mcg@fairhillpartners.org

FAMILY RESPITE DAYS

Something for everyone. Adult and teen workshops, children’s activities, adult support groups, brunch and take home resources.

Saturdays, 11:00-2:00

Jan. 15 Feb. 19 Mar. 19
Apr. 16 May 21 Jun. 18 July 16

Cost: No charge

**Donations Appreciated
Brunch included**

NEW! KINSHIP EDUCATIONAL TRAINING

Join the Kinship Coalition Service Providers at Fairhill for education on advocacy, health and wellness for families, and more.

Tuesdays, 9:30-11:00

Feb. 1 Apr. 5 June 7
Aug. 2 Oct. 4 Dec. 6

Cost: No charge

Donations Appreciated

TEEN LEADERSHIP PROGRAMMING

Helps teens learn effective ways to communicate, build job skills, resolve conflicts and increase cultural awareness. Opportunities vary from jobs as teen counselors at our Kin Kids Summer Camp to college trips for future planning.

Call for details about registration

Cost: No charge

Lunch Provided

Bus Passes may be available

KINSHIP KIDS CLOTHES CLOSET

Clothes for kids being raised kinship caregivers. Call to arrange a time to visit the clothes closet.

Cost: No charge

Appointments Required

Cash Donations Appreciated

Clothing Donations Accepted

Do you see yourself as a volunteer at Fairhill’s caregiver programs? If you do, please call 216.421.1350, ext. 113, to discuss how YOU can make a difference.

Caregiver Resources - 2011

Have a health or legal question? Here's how to get help!

Fairhill Partners is excited to announce a new opportunity for people who have health or legal questions or questions a social worker could answer. In small group settings once a month, Dr. Peter Whitehouse, M.D., Ph.D., and attorney Brett Joseph will address health and legal issues.

Dr. Whitehouse will help people understand how to navigate the health care system, and when to seek medical attention and what type.

Mr. Joseph will explain legal jargon and help people navigate the legal system. He can provide advice on when to do paperwork and help people be sure they're headed in the right direction when it comes to things like power of attorney and guardianship.

"This is a great opportunity for people who have been putting off health care or legal issues because they don't know where to start," said Stacey Rokoff, Director of Successful Aging Programs.

A rotating group of social workers, including Ms. Rokoff, will meet with interested caregivers twice a month.

Small group sessions will start in February. For more information or to sign up, please call Fairhill at 216-421-1350.

Peter J. Whitehouse, M.D., Ph. D., is Professor of Neurology at Case Western Reserve University and Attending Physician at University Hospitals Case Medical Center. He also holds or has held appointments in psychiatry, neuroscience, psychology, nursing, organizational behavior, cognitive science, bioethics, and history.

He is developing an intergenerational health and wellness practice based on an integrative narrative evolutionary health model. His long-term interest is

developing innovative clinical and learning environments to promote individual and collective health and wisdom. He is the author of "The Myth of Alzheimer's" (St. Martin's Press, January 2008;

www.themythofalzheimers.com).

Dr. Whitehouse is a founder with his wife, Cathy, of The Intergenerational School – an innovative, successful, Cleveland Municipal School District school located on the Fairhill Partners campus.



Brett Joseph serves our community as an attorney, graduate student researcher, farmer/permaculturalist and environmental educator. After graduating from Case Western Reserve Law School in 1989, Brett was an environmental lawyer for the National Oceanic and Atmospheric Administration, working with scientists and policy officials to protect endangered marine species, improve water quality, conserve coastal resources and establish marine protected areas. In 1994, he earned a Master of Laws degree from Georgetown University. Since 2005, he has been pursuing his second career as an independent sustainability consultant and non-profit entrepreneur, having earned an MA in humanistic and transpersonal psychology at Saybrook University, and a Certificate in Socially Engaged Spirituality.

Recently, Brett launched the Center for Ecological Culture, Inc. a non-profit organization dedicated to empowering individuals, families and place-based communities in environmental health and social justice. This spring, he initiated a collaborative to establish an Edible Forest Garden at Fairhill, a hands-on learning resource that will engage, inspire and feed our intergenerational community for years. In 2011, Brett plans to continue his graduate studies at Saybrook, where he is pursuing a Ph.D. in Organizational Systems, and he will continue serving Fairhill as an educational researcher, gardener and legal advisor for our kinship clients.



Made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging and gifts to the Fairhill Annual Fund

To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.

Caregiver Resources - 2011

NEW! CAREGIVER COMPUTER TRAINING

Learn how to access resources and work with applications important to caregivers, in a fun, noncompetitive environment. Open to all caregivers. Call for topics.

Fridays beginning Feb. 4. 1:00-3:00

Cost: No Charge; Donations Appreciated

NEW! MEET THE PROFESSIONALS— ATTORNEY BRETT JOSEPH

(Focused on Kinship care)

See preceding page for details.

Wednesdays, 11:00-1:00

Jan. 12 Feb. 9 Mar. 9

Apr. 13 May 11 June 8 July 13

NEW! MEET THE PROFESSIONALS—DOCTOR PETER WHITEHOUSE

See preceding page for details.

Wednesdays, 11:00-1:00

Jan. 19 Feb. 16 Mar. 16

Apr. 20 May 18 June 15 July 20

NEW! MEET THE PROFESSIONALS— ATTORNEY JANET ALTER

(Focused on Elder Care Law)

See preceding page for details.

Wednesdays, 11:00-1:00

Jan. 5 Feb. 2 Mar. 2

Apr. 6 May 4 June 1

NEW! MEET THE PROFESSIONALS— SOCIAL WORKERS

See preceding page for details.

Wednesdays, 11:00-1:00

Jan. 5 Jan. 26 Feb. 2 Feb. 23

Mar. 2 Mar. 23 Apr. 6 Apr. 27

May 4 May 25 June 1 June 22

Cost: No Charge; Donations Appreciated

MONTHLY CAREGIVER SUPPORT GROUP

Peer to peer mentoring by fellow caregivers supplemented by education and information sharing. Open to all caregivers.

Saturdays, 11:00-2:00

Jan. 15 Feb. 19 Mar. 19

Apr. 16 May 21 June 18 July 16

Cost: No Charge

Donations Appreciated

Light lunch included

FAIRHILL BREAKFAST CLUB

New topics, same place! Join other caregivers and professionals for timely, relevant, practical information on successful aging.

Thursdays, 10:30-1:00

Jan. 20 Feb. 17 Mar. 17

Apr. 21 May 19 June 15 July 21

Cost: \$6.00 (includes brunch)

No charge for caregivers

CEUs available for an extra charge

NEW! CREATIVE WRITING WITH FELICIA

Combine recipes with Caregiving stories

Thursdays, 1:00-3:00

Jan. 20 Feb. 17 Mar. 17

Apr. 21 Final Presentation

INDIVIDUAL CAREGIVER COUNSELING

Meet one-on-one with a licensed social worker and discuss your caregiving situation. Whether you need assistance navigating through community resources, developing next steps or simply talking to someone who understands - this hour is yours!

Cost: No Charge

Appointments Required

Donations Appreciated

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To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.

Economic Security - 2011

Caregivers learn about brain fitness, economic security and wellness at November 11 Care Fair

About 90 caregivers and others had a great time at Fairhill Partners' Brain Fitness, Economic Security and Wellness Fair, held November 11, 2010.

Participants were welcomed by Dr. Stephanie FallCreek, Fairhill's President/CEO, and Jane Fumich, Director, City of Cleveland Department of Aging.

Partner agencies of the City of Cleveland's Economic Security Project held a panel discussion on "Economic Security: Resources at Your Service" to help participants understand information and resources available to them. Many of the partner agencies also had exhibitor tables, where they handed out information and spoke to participants personally.

Several community caregiving and wellness agencies also had exhibitor tables and provided information about their services to participants.

Stacey Rokoff, Director of Successful Aging Programs, presented information on "Brain Health, Memory Minding and Beyond a Diagnosis" during lunch. After lunch, Fairhill team members gave updates and information on Fairhill's Successful Aging programs.

Access Your Benefits specialists were on hand to help individuals find new benefits or financial assistance to which they may be entitled. Other exhibitors provided information for current and future caregivers.

Members of Fairhill's Prepare to Care team of seasoned caregivers were onsite to give seasoned, burned-out or brand new caregivers a bit of support, encouragement or simply information about resources. Continuing our Care Fairs depends on receiving new grants and donations—can you help?



Get the help you need at Fairhill's Access Your Benefits enrollment center—open six days a week!

"We take turns needing help and helping others. If this is your turn to help, let us help you," said Stacey Rokoff, Director of Successful Aging Programs, about the Access Your Benefits (AYB) enrollment center located at Fairhill.

The enrollment center, open six days a week, helps adults over 55 and people with disabilities understand and apply for benefits to which they're entitled. After screening, many people are aware of new benefits or financial assistance they didn't previously know about.

This year, Fairhill AYB team members have screened over 400 people, many of whom go on to apply and receive benefits.

If you need help, call Fairhill for a screening appointment.

"You take the first step, and we'll take the other 99 with you," Ms. Rokoff said.

Want to help other people with their benefits? Become a Benefits Ambassador! Call Fairhill at 216-421-1350.

In 2010, made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, a grant from the Saint Luke's Foundation and gifts to the Fairhill Annual Fund

To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.

Senior Guest House

Providing a temporary home for adults in housing crisis

Fairhill's Senior Guest House (SGH) was featured in the Cleveland Plain Dealer on Wednesday, Dec. 15, as part of the Plain Dealer's Holiday Spirit Campaign.

Former SGH resident Geraldine Bethea told her story of how she ended up at the SGH in January, 2010, and how Fairhill's staff helped her get a job on campus as an Access Your Benefits navigator, and an apartment in Cleveland. Since then, she has moved back to the Fairhill campus and now works as an evening and weekend house monitor, providing supervision through the night, peer support and peer assistance.

"She's such a motivation," said Stacey Rokoff, Fairhill's Director of Successful Aging Programs. "She's a Senior Guest House resident who got a job and a place to live. She shows them they can do it."

Faith-based organizations help the SGH as well. This year, Heights Christian Church, in Shaker Heights, donated several bags of fresh vegetables from its Giving Garden to SGH residents. Heights Christian Church members also have provided meals for the residents.

The SGH can house up to ten residents at a time. Approximately 80 percent are Cleveland residents and almost all are economically disadvantaged. Participants come via referrals from the Cleveland Department on Aging or other City departments; the Cuyahoga County Department of Senior and Adult Services; Benjamin Rose Institute; Veterans' Administration; Red Cross; police and fire departments; hospitals, faith-based organizations and other agencies.

The SGH opened its doors in 2004, and as of June 24, 2010, the Fairhill staff had helped 200 participants find permanent housing.

"In these challenging times, Greater Clevelanders need facilities like the Senior Guest House more than ever," said Dr. Stephanie FallCreek, President/CEO. "You can help us by giving to Fairhill's Annual Fund or by donating goods or food."

Senior Guest House wish list

Senior Guest House residents need all kinds of items when they go to start their new lives in permanent housing. Here is a partial wish list of items they need:

Linens: Towels, washcloths, sheets, blankets, pillowcases, etc

Small appliances: toaster, coffee maker, microwave, TV, etc

Large Appliances: washer, dryer, refrigerator, etc

Furniture: beds, chairs, couches, tables etc

Drapery

Organizer: tubs

Games for groups

Clothes hangers

Kitchen utensils, plates, bowls, glasses, etc

Misc: hair dryer

In 2010, made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, and gifts to the Fairhill Annual Fund

To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.

Fairhill Partners

connects people to opportunities for lifelong learning, intergenerational relationships, and successful aging

12200 Fairhill Road
Cleveland, OH 44120
216.421.1350
www.fairhillpartners.org
Winter, 2010

Non-Profit Organization
US Postage
PAID
Cleveland OH
Permit No. 1084

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· Steve Spaeth

Comments? Inquiries?
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