



### Learn new skills and have fun at the Computer Learning Center

"If you've never seen a keyboard, this is the place to be," Geraldine Bethea said of Fairhill's Computer Learning Center classes.

Ms. Bethea, who already knew how to type, took Fairhill's Internet and E-Mail class in 2010. She noted that in addition to teaching practical skills like pasting objects into e-mail, the instructor, Harry Koppel, also explained how data gets from one place to another in terms she could understand. "He was clear and not rambling, and the handouts were very meaningful," she said.



*Joe Ferritto uses his coaching skills to help Stacey Rokoff, Director of Successful Aging Programs.*

What else makes Fairhill's classes special?

"The use of coaches on the floor, mixing with students, to support the instructor's effort is a big plus. There's always someone who gets in trouble, and the coaches help keep it moving. Plus, the quality of instructors is superb," said Joe Ferritto, a Fairhill volunteer who has taken several classes to

upgrade his skills.

Jayshree Chatterjee, who works with Fairhill's Successful Aging Programs through the National Caucus and Center on Black Aged (a campus partner) internship training program, agreed with Mr. Ferritto's assessment. "The teaching was so accurate and precise it wasn't complicated. When you're trying to learn, sometimes you're apprehensive, but the teaching was so complete it helped me a lot."

Employers see the difference too.

"They enhanced and improved their confidence in computer abilities, so they became more efficient in working with the Programs team," said Stacey Rokoff, Director of Successful Aging Programs, who supervises both Mr. Ferritto and Ms. Chatterjee.

Jim Teknipp, Fairhill's Finance Director, agreed with that assessment. After a team member took an Excel class last fall, he said, "It gave her more self-confidence, and she was able to put into practice what she learned. It made her more efficient."

But Fairhill's courses aren't only for people who need computer skills for employment.

"At the end of the eBay course, we posted our own items for sale and I actually sold something," said student Jerry Tillman. "That was definitely fun."

Mr. Tillman also enjoyed the Digital Photography course. "When I got a digital camera, it was great to find out how it worked," he said.

Everyone can have a great time and learn at the CLC. Turn to page 4 to learn more about computer upgrades and spring classes.

# News and Notes

## Chairman's Corner

By Kevin K. Johnson



**Sept. 17, 2011  
Hoedown  
promises to be  
bigger and more  
exciting—join us  
for the fun!**

Fairhill Partners' irreplaceable UPTOWN Hoedown has become a signature benefit in Northeast Ohio. More and more people look forward to attending and having a great time in support of Fairhill Partners' mission and programs that serve the intergenerational issues of aging that impact our region.

An outdoor event under tent and starlight, the UPTOWN Hoedown is a roaring-western fun-filled evening where friends of Fairhill Partners

can enjoy great music, finger-licking barbeque and fixings, meet wonderful people and bid on exciting and unique items during our silent auction all in support of our non-profit organization.

This year's event promises to be bigger and more exciting. Planning is underway – and we even have a couple of silent auction items already - so please mark your calendar for our next UPTOWN Hoedown that will take place Saturday, September 17<sup>th</sup> on our Fairhill Partners campus. We look forward to seeing you there.

Additionally, in the spirit of our largely volunteer-supported organization, if you would like to assist us in planning our benefit, please contact us. We'd love to work with you.

## Everyone had a good time at the 2010 UPTOWN Hoedown

Ya-Hoo! Friends of Fairhill Partners donned cowboy boots, Stetsons, and bandanas for a boot-scootin' good time at the UPTOWN Hoedown, Saturday, Aug. 21, 2010.

The Hoedown, Fairhill's annual benefit, celebrated the year-long work of Fairhill's Successful Aging Programs. Benefit Co-Chairs Kevin K. Johnson and James C. Wallace, the Board, Benefit Committee members, and numerous other volunteers made sure everyone had a good time. Corporate Leadership Co-Chairs John DiMare and Joe Stram were tireless in their efforts to introduce new donors and sponsors to Fairhill, and to appreciate all our longtime donors and sponsors who continue to give and believe in our mission. Food Chairperson Lillian Levine once again worked with Hoggy's to offer a terrific dinner. Auction Committee Co-Chairs Rosemary Paul and Sheila Niles requested and cataloged many fine donations for silent and live auctions, and Art Exhibit Co-Chairs Bonnie Dolin and Susan Hanna brought knowledge and expertise to helping set up our first benefit art exhibit. Decorating maven Rhona Jacobsen handcrafted fabulous centerpieces and a great overall "look" for the event.

Of course, the benefit would not have been possible without support from our wonderful corporate sponsors: Joshen Paper; Lubrizol; Ulmer & Berne LLP; Zagara's Marketplace; Huntington Bank; Montlack Realty LLC; Visiting Angels Senior Home Care; The Human Resource Department, Inc.; Premier Accounting; and Paley Plumbing and Fire Protection.

"This was a great way for people to come out, eat, dance, have a good time and support Fairhill," said Dr. Stephanie FallCreek, President/CEO. "We raised almost \$30,000 to fund our 2010 programs."



# News and Notes

## The Board Walk

By Dr. Stephanie FallCreek

Fairhill Partners is pleased to welcome two new Directors to the Board. Mr. Andrew Murphy, Senior Manager of Strategic Planning and Operations at Key Private Bank, and Mr. Rick Martin, CFP, of Szarka Financial Management, began three-year terms at the 2010 Annual Meeting held January 20, 2011. In recognition of many years of outstanding service and commitment, Mrs. Rosemary Paul was elected Life Director. Thank you, Rosemary, for all your support!

Mr. Kevin Johnson was re-elected Chairman of the Board, beginning his second two-year term. Other Officers elected include: President/CEO, Dr. Stephanie FallCreek; Vice-Chairpersons – Mrs. Marilyn Chorman, Mr. David Nachman, Mr. Joe Stram; Treasurer, Mr. Jim Wallace; Secretary, Mr. Richard Hahn; and Assistant Secretary, Mr. Bill Gates. The Board Committee Chairpersons appointed for 2011 are: Audit Committee, Dr. Melody Stewart; Development and Marketing Committee, Co-Chairmen – Mr. Fred Clarke and Mr. Greg Klucher; Finance Committee, Mr. Jim Wallace; Governance Committee, Mrs. Marilyn Chorman; Operations Committee, Mr. Bill Gates; and Program Committee, Mr. Joe Stram.

Mr. Don Brinkley completed his service as a Director at the end of 2010. Don and his wife Carolyn have been great supporters of Fairhill Partners, with Don serving as Chairman of the Audit Committee for many years and all with clean audit results! We appreciate you and we will miss you, Don. Please feel invited to return as you wish, just let us know. There's a spot for you on any committee and as for helping us set up for the Annual Benefit – it just won't be the same without you!



*Jayshree Chatterjee uses the skills she learned in the CLC to help make the Programs team more efficient.*

## Welcome to Fairhill!

### Our new tenant partners

**Range Of Change Enrichment Center** (*Leslie Smijohn, President*) (216) 325-7760 [www.rocec.org](http://www.rocec.org)

A long term focus of empowering students to become successful academically as well as within society is the primary goal of Range of Change Enrichment Center.

### **Standing for Jesus Ministries**

*Pastor Emanuel DeBose* (216)392-0922

A Church moving from membership to discipleship, from an audience to an army, building on nothing less than the Word of God.

### Inside this Edition

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# Computer Learning Center - Guide to 2011 Classes

Learn and have fun in classes for adults ages 40 and better, taught by peers!

## NEW—SOCIAL NETWORKING

Find out how to connect with friends on Facebook, LinkedIn and Twitter.

Four — once-a-week classes:

Tuesdays, Mar. 22-Apr. 12, 9:30-11:30

**Cost: \$40 for 4 session class**

## BASIC DIGITAL PHOTOGRAPHY

Learn to edit, store, print and e-mail your own photos. Also learn Picasa, a free program available to anyone with an Internet connection.

Mouse skills and some Word skills required.

Four — once-a-week classes:

Mondays, Mar. 21-Apr. 11, 9:30-11:30

**Cost: \$40 for 4 session class**

## FLYERS, BROCHURES AND NEWSLETTERS

Learn how to create attractive and attention-getting flyers, brochures and newsletters using MS Word. Mouse skills and basic Word skills are required. Plan the flyer or brochure; lay out text; format the document; add pictures, borders and shading; name, store and edit.

Three — once-a-week classes:

Wednesdays, Apr. 27-May 11, 9:30-11:30

**Cost: \$30 for 3 session class**

## BUYING AND SELLING ON EBAY

Learn how to buy and sell items on eBay. Learn how to set up an account, describe your item, bid, collect money, and more.

Four — once-a-week classes:

Mondays, Apr. 18-May 9, 9:30-11:30

**Cost: \$40 for 4 session class**

## GENEALOGY WORKSHOP

Expand your knowledge of genealogy.

One day workshops:

Thursdays, Mar. 17, Apr. 21, May 19, 1:00-3:00

**Cost: NO CHARGE**

## EXCEL

Learn how to create spreadsheets for business and personal use. Mouse skills required.

Six — once-a-week classes:

Thursdays, Mar. 24-Apr. 28, 9:30-11:30

**Cost: \$60 for 6 session class**

## REALLY BASIC COMPUTER SKILLS

Designed for the very beginner. Introduction to hardware, software, Windows operating system basics and use of mouse and keyboard.

Five — once-a-week classes:

Tuesdays, Mar. 22-Apr. 19, 1:00-3:00

Tuesdays, Apr. 26-May 24, 1:00-3:00

**Cost: \$40 for 5 session class**

## INTRODUCTION TO COMPUTER APPLICATIONS

Continue to build your computer skills in this class. Computer Fundamentals and mouse skills required. Learn word processing techniques, basic file management, spreadsheets, databases, Internet and e-mail.

Eight — once-a-week classes:

Wednesdays, Mar. 23-May 11, 1:00-3:00

**Cost: \$60 for 8 session class**

## INTERNET and EMAIL

Learn to use the Internet and e-mail.

Computer Fundamentals and mouse skills required. Learn Internet features and capabilities, how to get the most out of e-mail,

how to search, and how to avoid viruses, spam, spyware and other “nasties.”

Five — once-a-week classes:

Wednesdays, Mar. 23-Apr. 20, 9:30-11:30

**Cost: \$50 for 5 session class**

## WORD PROCESSING

Covers basics of word processing. Computer Fundamentals and mouse skills required.

Eight — once-a-week classes:

Mondays, March 21-May 9, 1:00-3:00

**Cost: \$60 for 8 session class**

## NO CHARGE INTRODUCTORY CLASS

Computer and mouse skills for beginners!

Be brave, take this friendly one day workshop!

Monday, Mar. 14, 10:00-12:00

Monday, Mar. 14, 1:00-3:00

Registration required—limited to 12 students.

**\$5 deposit will be refunded upon arrival at class**



For additional details or to register for any of our upcoming Computer Learning Center classes or workshops call today at 216.421.1350, ext. 113.



# Computer Learning Center / Volunteer Opportunities

## CLC computers upgrade to Windows 7, Office 2007

Fairhill's Computer Learning Center (CLC) upgraded its computers to the Windows 7 operating system and Microsoft Office 2007 applications in January.

"This will allow us to teach students current versions of popular applications like Word and Excel, as well as help them understand how to retrieve and store information on newer computers," said Tom Cerjak, CLC coordinator.

As part of this upgrade, Fairhill's experienced CLC instructors learned about the Windows 7 operating system in January, and will be converting existing class documentation to begin teaching the new Microsoft applications in March.

"Upgrading to Windows 7 is a big factor because all new computers come with this operating system," said Joe Ferritto, a Fairhill volunteer who has taken CLC classes and also participated as a coach.

There's something for everyone at the CLC – computer basics for complete beginners; word processing; spreadsheets; Internet and e-mail; flyers, brochures, and newsletters. We also offer courses in operating a digital camera and processing pictures, and buying and selling on eBay. And, our genealogy workshops are back.

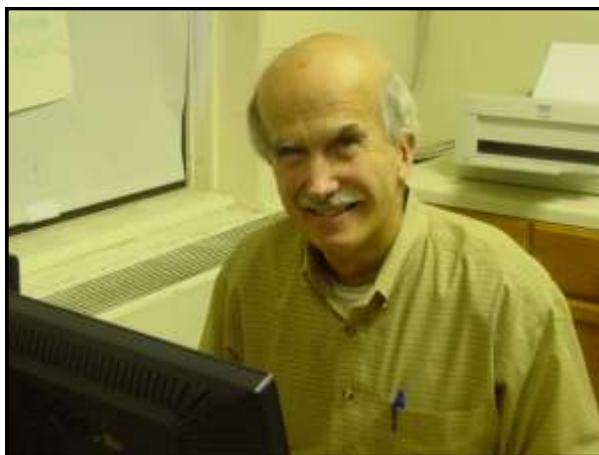
New this year, we'll be offering a course in social networking for those who want to learn

what Facebook, LinkedIn, and Twitter are all about.

Still undecided as to whether the CLC is right for you? Check out our no charge beginner class!

If you're an experienced computer user who would like to help other adults learn, we always need coaches who provide help for students, and instructors who can teach from a provided manual, or even teach a new class.

We look forward to seeing you at one of our classes this spring.



*CLC Coordinator Tom Cerjak is all smiles when he thinks about the new computers.*

## A Few of our Volunteer and Lifelong Learning opportunities!

### MAILING BUDDY

Coffee, treats, good conversation, folding and labeling! Call for information on Bulk Mailing Dates for 2011.

### TELEPHONE BUDDY

Come in once or twice a month to make class, program and event reminder calls.

### SUCCESSFUL AGING COACHES AND INSTRUCTORS

Coaches and instructors needed for the Computer Learning Center, Health Promotion, School for Caregivers and Kinship Services. See pages 4-5, 6-7, and 8-9 for program descriptions and contact information.

### YES I CAN

Low impact aerobics, stretching, line dancing and use of well-maintained fitness room.

Monday - Friday

**Morning Session:**

7:30-9:30 a.m.

**Afternoon Session**

4:00-6:00 p.m.

**Cost: Free Will Donation \$5.00 per month**

### KNITTING CLUB

Crafts group meets to improve skills and for stimulating conversation.

Thursdays at 9:00-11:00 a.m.

### THE ENCORE STORE

Community resource shop of donated items. Stop by our second floor location!



For more information about volunteering and lifelong learning opportunities, call Fairhill at 216-421-1350.

# Healthy You - 2011

## 2011 is the year to Take Charge of Your Health!

"Now I know how to walk around on ice and not just sit home and do nothing. I can get out and socialize, which is important," said a recent A Matter of Balance participant.

Fairhill has been teaching A Matter of Balance since 2007. This award-winning evidence-based course, developed at the University of Maine, is designed to manage concerns about falling, increase activity levels for at-risk older people, and prevent falls by improving the safety of home environments.

"It increases independence and safety in the home," said Stacey Rokoff, Director of Successful Aging Programs and a certified Master Trainer. "We know that on a national level, 85 percent of older adults want to age in place, and we're helping them do that."

Matter of Balance participants learn exercises and techniques to prevent and manage falls during the eight-week course, and sometimes more. Lillian Levine, Fairhill board member and Matter of Balance master trainer, told of a woman in one class who was concerned that her children expected too much of her. The group suggested she talk to her children about her concerns, and when she did so, her children told her they already knew her limitations. "It's a powerful example of what the group will do for a member," Mrs. Levine said.

Fairhill offers A Matter of Balance courses on campus and offsite. The courses are taught by peers – members of the community who have taken the course and have been trained to teach it to others.

"I feel like the book was made for me," said a participant who is training to become a coach. "I learned so much about keeping my home safe. I can impart my knowledge to others."

### **A MATTER OF BALANCE**

Wednesdays, March 23-May 11, 1:00-3:00

Wednesdays, May 18-July 6, 1:00-3:00

**Cost: No Charge**  
**Donations Appreciated**  
**(light refreshments provided)**

### **TAKE CHARGE OF YOUR HEALTH: CHRONIC DISEASE SELF-MANAGEMENT**

Different chronic health problems are addressed in this program to help individuals manage their own or a loved one's chronic disease. Topics include communicating with health care providers and managing medication. Classes are geared to individual participants' needs. Join a six-week course today.

Wednesdays, April 19-May 24, 10:00-12:30

Wednesdays, June 14-July 26, 10:00-12:30

**Cost: No Charge**  
**Donations Appreciated**  
**(light refreshments provided)**

### **Volunteer to Help Others Learn!**

#### **CDSM LEADER TRAINING**

Tues., Apr. 12-Fri., Apr. 15, 9:00-5:00



These programs may be supported by diverse funders such as: Western Reserve Area Agency On Aging, Older Americans Act, grants and private contributions.

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 144.**

## Campaign for Kinship Village gathers steam

By Michael C. Gathercole



As reported in the Summer Edition, we needed to raise a further \$750,000 in order to complete Phase I. Since then, a grant of \$75,000 from the Eva L. and Joseph M. Bruening Foundation met the matching funds needed to secure the \$50,000 challenge grant awarded earlier by the Fred Lennon Trust. The Cleveland Foundation has earmarked \$200,000 for the project; we also have received \$25,000 from the Abington Foundation, \$10,000 from the Higley Family Fund, and \$1,000 from Medical Mutual of Ohio. We now need “only” \$389,000. We have more prospects which we hope will enable us to begin the main renovation work soon. Meanwhile, our grateful thanks to all these generous donors, who join the extensive list of those who have supported the project and to whom our repeated

thanks are also due.

We continue to do some of the required work as money becomes available and opportunity arises. We have the funds to pay for a test borehole on the site of the geothermal energy field and hope to start that soon. We want to raise separately \$43,000 to meet the cost of purchasing and installing the new electricity transformer that will be needed to serve the new apartments in Kinship Village. If you know generous person(s) who might be interested in helping us to acquire this essential equipment, please contact me. Any additional gift that you feel able to make would also help to have the transformer ready in advance. Thank you for considering this.

Meanwhile, on November 18, 20 enthusiastic, energetic volunteers from Developers Diversified worked with me for eight hours during their community service day to take up more floorboards in Building #6. They cleared two floors and left them absolutely ready for the contractors, leaving only half a floor to clear. Thanks to those new friends of Fairhill and to all others who have participated in community service days donated by seven other corporations this year. Their efforts are invaluable.

### **FAMILY RESPITE DAYS**

Something for everyone. Adult and teen workshops, children’s activities, adult support groups, brunch and take home resources.

Saturdays, 11:00-2:00

Mar. 19, Apr. 16, May 21, June 18, July 16

**Cost: No charge**

**Donations Appreciated**

**Brunch included**

### **NEW! KINSHIP EDUCATIONAL TRAINING**

Join the Kinship Coalition Service Providers at Fairhill for education on advocacy, health and wellness for families, and more.

Tuesdays, 9:30-11:00

Apr. 5, June 7, Aug. 2, Oct. 4, Dec. 6

**Cost: No charge**

**Donations Appreciated**

### **TEEN LEADERSHIP PROGRAMMING**

Helps teens learn effective ways to communicate, build job skills, resolve conflicts and increase cultural awareness. Opportunities vary from jobs as teen counselors at our Kin Kids Summer Camp to college trips for future planning.

**Call for details about registration**

**Cost: No charge**

**Lunch Provided**

**Bus Passes may be available**

### **KINSHIP KIDS CLOTHES CLOSET**

Clothes for kids being raised by kinship caregivers. Call to arrange a time to visit the clothes closet.

**Cost: No charge**

**Appointments Required**

**Cash Donations Appreciated**

**Donate to the Campaign for Kinship Village or request updates by contacting Michael C. Gathercole at 216-421-1350, extension 118, or [mcg@fairhillpartners.org](mailto:mcg@fairhillpartners.org)**



# Caregiver Resources - 2011

## Have a health or legal question? Here's how to get help!

Fairhill Partners is excited to announce a new opportunity for people who have health or legal questions or questions a social worker, physician or attorney could answer. In small group settings once a month, Dr. Peter Whitehouse, M.D., Ph.D., and attorney Brett Joseph will address health and legal issues.

Dr. Whitehouse will help people understand how to navigate the health care system, and when to seek medical attention and what type.

Mr. Joseph will explain legal jargon and help people navigate the legal system. He can provide advice on when to do paperwork and help people be sure they're headed in the right direction when it comes to things like power of attorney and guardianship.

"This is a great opportunity for people who have been putting off health care or legal issues because they don't know where to start," said Stacey Rokoff, Director of Successful Aging Programs.

A rotating group of social workers, including Ms. Rokoff, will meet with interested caregivers twice a month.

Small group sessions have started. For more information or to sign up, please call Fairhill at 216-421-1350.

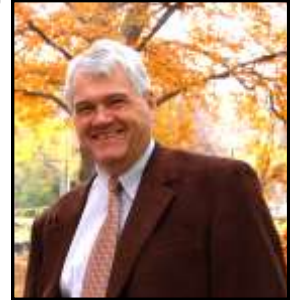
**Peter J. Whitehouse, M.D., Ph. D.**, is Professor of Neurology at Case Western Reserve University and Attending Physician at University Hospitals Case Medical Center. He also holds or has held appointments in psychiatry, neuroscience, psychology, nursing, organizational behavior, cognitive science, bioethics, and history.

He is developing an intergenerational health and wellness practice based on an integrative narrative evolutionary health model. His long-term interest is

developing innovative clinical and learning environments to promote individual and collective health and wisdom. He is the author of "The Myth of Alzheimer's" (St. Martin's Press, January 2008;

[www.themythofalzheimers.com](http://www.themythofalzheimers.com)).

Dr. Whitehouse is a founder with his wife, Cathy, of The Intergenerational School – an innovative, successful, Cleveland Municipal School District school located on the Fairhill Partners campus.



**Brett Joseph** serves our community as an attorney, graduate student researcher, farmer/permaculturalist and environmental educator. After graduating from Case Western Reserve Law School in 1989, Brett was an environmental lawyer for the National Oceanic and Atmospheric Administration, working with scientists and policy officials to protect endangered marine species, improve water quality, conserve coastal resources and establish marine protected areas. In 1994, he earned a Master of Laws degree from Georgetown University. Since 2005, he has been pursuing his second career as an independent sustainability consultant and non-profit entrepreneur, having earned an MA in humanistic and transpersonal psychology at Saybrook University, and a Certificate in Socially Engaged Spirituality.

Recently, Brett launched the Center for Ecological Culture, Inc. a non-profit organization dedicated to empowering individuals, families and place-based communities in environmental health and social justice. This spring, he initiated a collaborative to establish an Edible Forest Garden at Fairhill, a hands-on learning resource that will engage, inspire and feed our intergenerational community for years. In 2011, Brett plans to continue his graduate studies at Saybrook, where he is pursuing a Ph.D. in Organizational Systems, and he will continue serving Fairhill as an educational researcher, gardener and legal advisor for our kinship clients.



Made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging and gifts to the Fairhill Annual Fund

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.**



# Caregiver Resources - 2011

## **NEW! CAREGIVER COMPUTER TRAINING**

Learn how to access resources and work with applications important to caregivers, in a fun, noncompetitive environment. Open to all caregivers. Call for topics.

Fridays beginning Mar. 18, 1:00-3:00

**Cost: No Charge; Donations Appreciated**

## **NEW! MEET THE PROFESSIONALS— ATTORNEY BRETT JOSEPH**

(Focused on Kinship care)

See preceding page for details.

Wednesdays, 11:00-1:00

Mar. 9, Apr. 13, May 11, June 8, July 13

**Cost: No Charge; Donations Appreciated**

## **NEW! MEET THE PROFESSIONALS— DOCTOR PETER WHITEHOUSE**

See preceding page for details.

Wednesdays, 11:00-1:00

Mar. 16, Apr. 20, May 18, June 15, July 20

**Cost: No Charge; Donations Appreciated**

## **NEW! MEET THE PROFESSIONALS— ATTORNEY JANET ALTER**

(Focused on Elder Care Law)

See preceding page for details.

Wednesdays, 11:00-1:00

March 2, Apr. 6, May 4, June 1, July 6

**Cost: No Charge; Donations Appreciated**

## **NEW! MEET THE PROFESSIONALS— SOCIAL WORKERS**

See preceding page for details.

Wednesdays, 11:00-1:00

Mar. 23, Apr. 27, May 25, June 22, July 27

**Cost: No Charge; Donations Appreciated**

## **MONTHLY CAREGIVER SUPPORT GROUP**

Peer to peer mentoring by fellow caregivers supplemented by education and information sharing. Open to all caregivers.

Saturdays, 11:00-2:00

Mar. 19, Apr. 16, May 21, June 18, July 16

**Cost: No Charge**

**Donations Appreciated**

**Light lunch included**

## **FAIRHILL BRUNCH CLUB**

New topics, same place! Join other caregivers and professionals for timely, relevant, practical information on successful aging.

Thursdays, 10:30-1:00

Mar. 17, Apr. 21, May 19, June 15, July 21

**Brunch served**

## **NEW! CREATIVE WRITING WITH FELICIA**

Combine family traditions and recipes with Caregiving stories to be published - just bring an open mind!

Thursdays, 1:00-3:00

Mar. 17, Apr. 21

## **INDIVIDUAL CAREGIVER COUNSELING**

Meet one-on-one with a licensed social worker and discuss your caregiving situation. Whether you need assistance navigating through community resources, developing next steps or simply talking to someone who understands - this hour is yours!

**Cost: No Charge**

**Appointments Required**

**Donations Appreciated**

## **SENIORS! GET FREE TAX ASSISTANCE!**

AARP 1-hour individual tax assistance meetings.

Feb. 3 through April 14

1:00 through 4:00 PM



*Caregivers got information and resources at November's Care Fair.*

Made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, a grant from the Saint Luke's Foundation and gifts to the Fairhill Annual Fund

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350, ext. 113.**

# Fairhill's Annual Fund

## Where are you in this Annual Fund picture?

Fairhill Partners appreciates the many individual donors, board members, corporations, and private foundations who contributed to our Annual Fund in 2010. Whether you sent cash or a check, granted us money through a foundation or corporation, or attended the Uptown Hoedown, thank you! The Annual Fund helps older adults in many different ways:

- Joe Ferritto, a key unpaid staff member, enters data about participants and programs to help us better understand our programs and to report to funders. The Annual Fund pays for Joe's computer and overhead, along with equipment to help other paid and unpaid staff members carry out the mission.

- The Annual Fund provides software applications and computers for our Computer Learning Center, allowing us to teach hundreds of older adults how to use computers each year. The Annual Fund also supplies scholarships to students who cannot pay the class tuition.

- Along with generous gifts from corporate and foundation sponsors, the Annual Fund helps support a summer Kinship Camp which educates children, provides leadership opportunities for teens, and provides respite for grandparents. To see how much this support means, go to [www.fairhillpartners.org/kinshipcare](http://www.fairhillpartners.org/kinshipcare) and click on the video. We will need more support for this program if we are going to offer it in 2011.

- The Annual Fund helps support programs

which show caregivers how to take care of themselves as well as their loved ones, provides education and bonding time for families once a month, and special caregiver events throughout the year.

- The services for the homeless older adults who stay at the Senior Guest House each year are partially supported by the Annual Fund.

Thank you for your 2010 support. We hope you will help us again in 2011. Return the gift card enclosed with this newsletter, visit the website to donate online, or stop in to volunteer. Gifts of stock also are welcome. For our future, please consider a simple bequest in your will.



*Teens learn to be leaders, then become counselors at summer camp, which is partially supported by Fairhill's Annual Fund.*

## Get the help you need at Fairhill's Access Your Benefits enrollment center—open six days a week!

"We take turns needing help and helping others. If this is your turn to need help, let us help you," said Stacey Rokoff, Director of Successful Aging Programs, about the Access Your Benefits (AYB) enrollment center located at Fairhill.

The enrollment center, open six days a week, helps adults over 55 and people with disabilities understand and apply for benefits to which they're entitled. After screening, many people are aware of new benefits or financial

assistance they didn't previously know about. This year, Fairhill AYB team members have screened over 400 people, many of whom go on to apply and receive benefits.

If you need help, call Fairhill for a screening appointment.

"You take the first step, and we'll take the other 99 with you," Ms. Rokoff said.

Want to help other people with their benefits?  
Become a Benefits Ambassador!

In 2010, made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging and gifts to the Fairhill Annual Fund

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350.**

# Senior Guest House

## Providing a temporary home for adults in housing crisis

Fairhill's Senior Guest House (SGH) was featured in the Cleveland Plain Dealer on Wednesday, Dec. 15, 2010, as part of the Plain Dealer's Holiday Spirit Campaign.

Former SGH resident Geraldine Bethea told her story of how she ended up at the SGH in January, 2010, and how Fairhill's staff helped her get a job on campus as an Access Your Benefits navigator, and an apartment in Cleveland. Since then, she has moved back to the Fairhill campus and now works as an evening and weekend house monitor, providing supervision through the night, peer support and peer assistance.

"She's such a motivation," said Stacey Rokoff, Fairhill's Director of Successful Aging Programs. "She's a Senior Guest House resident who got a job and a place to live. She shows them they can do it."

Faith-based organizations help the SGH as well. This year, Heights Christian Church, in Shaker Heights, donated several bags of fresh vegetables from its Giving Garden to SGH residents. Heights Christian Church members also have provided meals for the residents.

The SGH can house up to ten residents at a time. Approximately 80 percent are Cleveland residents and almost all are economically disadvantaged. Participants come via referrals from the Cleveland Department on Aging or other City departments; the Cuyahoga County Department of Senior and Adult Services; Benjamin Rose Institute; Veterans' Administration; Red Cross; police and fire departments; hospitals, faith-based organizations and other agencies.

The SGH opened its doors in 2004, and on June 24, 2010, the Fairhill staff achieved a milestone of helping 200 participants find permanent housing.

"In these challenging times, Greater Clevelanders need facilities like the Senior Guest House more than ever," said Dr. Stephanie FallCreek, President/CEO. "You can help us by giving to Fairhill's Annual Fund or by donating goods or food."



*Geraldine Bethea uses her computer skills as Access Your Benefits Screening Coordinator.*

## Senior Guest House wish list

Senior Guest House residents need all kinds of items when they go to start their new lives in permanent housing. Here is a partial wish list of items they need:

- Linens: Towels, washcloths, sheets, blankets, pillowcases, etc.
- Small appliances: toaster, coffee maker, microwave, TV, etc
- Large Appliances: washer, dryer, refrigerator, etc
- Furniture: beds, chairs, couches, tables etc
- Draperies
- Organizer: tubs
- Games for groups
- Clothes hangers
- Kitchen utensils, plates, bowls, glasses, etc.
- Hair dryer

In 2010, made possible in part by The Older Americans Act Family Caregiver Support Program Grant from the Ohio Dept. of Aging through Western Reserve Area Agency on Aging, and gifts to the Fairhill Annual Fund

**To register for classes or workshops, to schedule an individual counseling session, or to coach or instruct at a caregiver program, call 216.421.1350.**

# Fairhill Partners

connects people to opportunities for lifelong learning, intergenerational relationships, and successful aging

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