

Are you caring for a loved one— an older adult or your grandchildren?
Would you like to learn about financial solutions for older adults?
Trained counselors are ready to talk to you at the...

Brain Fitness, Economic Security and Wellness Fair

When:
Thursday,
Nov. 11, 2010

Time:
11:00AM-3:30PM

Registration:
Please contact
(216)421.1350
x113

No admission charge!
Door prizes and raffles-
Lunch included!
Free Parking
Childcare Available

Fairhill Partners
12200 Fairhill Road
Cleveland, OH 44120
(216)421-1350
www.fairhillpartners.org



Come join us for activities that promote lifelong learning, caregiving, kinship care and economic security for older adults.

- Educational programs from the City of Cleveland's Economic Security Project.
- Educational programs, resources and information from Fairhill Partners.
- Resources and information from the Economic Security Project partners, Access Your Benefits Coalition, caregiving agencies and exhibitors, and more.



Event Schedule:

- ⇒ Registration and Exhibit Fair, 11:00–12:00PM
- ⇒ “Economic Security: Resources At Your Service” Panel Discussion, 12:00–1:00PM
- ⇒ 1st Prize Drawing and Break, 1:00–1:15PM
- ⇒ “Brain Health, Memory Minding and Beyond A Diagnosis” Presentation and Lunch, 1:15–1:45PM
- ⇒ 2nd Prize Drawing, Break and Visit Exhibitors, 1:45–2:15PM
- ⇒ “Lifelong Learning and Caregiver Resources at Fairhill Partners” Presentation 2:15–3:00PM
- ⇒ Closing and Grand Prize Drawing 3:00 –3:15PM
(Must be present and complete paperwork to qualify for prize drawings.)

Highlights of Upcoming Opportunities at Fairhill Partners

FOR THE CAREGIVER IN YOU—AN INTRODUCTION TO CAREGIVING

Caregiving 101—professionals from the community talk about core caregiving techniques such as community resources, financial and legal advice, stress management and more.
Registration required.

Tuesdays, Dec. 7-Dec. 28, 1:30-3:30

Cost: No Charge (valued at \$250)

Donations Appreciated

Light refreshments provided

FAIRHILL BREAKFAST CLUB

New topics, new day, new spread, same place! Join other caregivers and professionals for timely, relevant, practical information on successful aging.

Thursdays, 10:30-1:00

Nov. 18

Dec. 16

Cost: \$6.00 (includes brunch)

No charge for caregivers

CEUs available for an extra charge

CAREGIVER FAMILY DAYS (including Kinship Caregivers)

Something for everyone. Adult and teen workshops, children’s activities, adult support groups, brunch and take home resources.

Saturdays, 11:00-2:00

Nov. 20

Cost: No charge

Donations Appreciated

Brunch included

REALLY BASIC COMPUTER SKILLS

Designed for the *very beginner*. Introduction to hardware & software, Windows operating system basics and use of mouse & keyboard.

Five – once-a-week classes:

Tuesdays, Nov. 2-Nov. 30, 1:00-3:00

Cost: \$40 for 5 session class