

Evidence Based Health Promotion Programs  
2012 Schedule

Workshop	County	Location	Time	Class Dates	Registration Contact Information
Fairhill Partners Healthy You: <b>A Matter of Balance</b>	Cuyahoga	<b>Community Partnership on Aging</b> 6306 Marsol Rd. Mayfield Hts, OH 44124	10:00am to 12:00pm	<b>Wednesday, February 1</b> Wednesday, February 8 Wednesday, February 15 Wednesday, February 22 Wednesday, February 29 Wednesday, March 7 Wednesday, March 14 Wednesday, March 21	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>A Matter of Balance</b>	Cuyahoga	<b>University Settlement</b> 4800 Broadway Ave Cleveland, OH 44127	10:00am to 12:00pm	<b>Thursday, February 2</b> Thursday, February 9 Thursday, February 16 Thursday, February 23 Thursday, March 1 Thursday, March 8 Thursday, March 15 Thursday, March 22	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>West Side Community House</b> 9300 Lorain Ave Cleveland, OH 44102	9:30am to 12:00pm	<b>Monday, February 6</b> Monday, February 13 Monday, February 20 Monday, February 27 Monday, March 5 Monday, March 12	Stacey Rokoff or Nicky Wills 216-421-1350

**Healthy You: Take Charge of Your Health:** Learn skills needed to manage the day-to-day management of chronic diseases

**Healthy You: Diabetes Self Management:** Learn skills needed to manage the day-to-day management of diabetes

**Healthy You: A Matter of Balance:** Reduce the fear of falling and increase activity levels and independence

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Fairhill Partners Healthy You: <b>A Matter of Balance</b>	Cuyahoga	<b>Fairhill Partners</b> 12200 Fairhill Road Cleveland, OH 44120	10:00am to 12:00pm	<b>Tuesday, February 7</b> Tuesday, February 14 Tuesday, February 21 Tuesday, February 28 Tuesday, March 6 Tuesday, March 13 Tuesday, March 20 Tuesday, March 27	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>Fairhill Partners</b> 12200 Fairhill Road Cleveland, OH 44120	1:00pm to 3:30pm	<b>Tuesday, February 7</b> Tuesday, February 14 Tuesday, February 21 Tuesday, February 28 Tuesday, March 6 Tuesday, March 13	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>Lakewood Senior Center</b> 16024 Madison Ave Lakewood, OH 44107	9:45am to 12:15pm	<b>Thursday, February 9</b> Thursday, February 16 Thursday, February 23 Thursday, March 1 Thursday, March 8 Thursday, March 15	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Diabetes Self Management</b>	Cuyahoga	<b>Musicians Towers</b> 2727 Lancashire Rd Cleveland, OH 44106	9:30am to 12:00pm	<b>Thursday, February 9</b> Thursday, February 16 Thursday, February 23 Thursday, March 1 Thursday, March 8 Thursday, March 15	Stacey Rokoff or Nicky Wills 216-421-1350

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Fairhill Partners Healthy You: <b>A Matter of Balance</b>	Cuyahoga	<b>Sisters of St. Joseph</b> 3430 Rocky River Drive Cleveland, OH 44111	10:00am to 12:00pm	<b>Friday, February 17</b> Friday, February 24 Friday, March 2 Friday, March 9 Friday, March 16 Friday, March 23 Friday, March 30 Friday, April 6	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Lorain	<b>Neighborhood Alliance Senior Enrichment Services of Oberlin</b> 90 E. College Street Oberlin, OH 44074	9:30am to 12:00pm	<b>Tuesday, February 21</b> Tuesday, February 28 Tuesday, March 6 Tuesday, March 13 Tuesday, March 20 Tuesday, March 27	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>Community Partnership on Aging</b> 1370 Victory Lane South Euclid, OH 44118	9:30am to 12:00pm	<b>Thursday, February 23</b> Thursday, March 1 Thursday, March 8 Thursday, March 15 Thursday, March 22 Thursday, March 29	Stacey Rokoff or Nicky Wills 216-421-1350
Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>Euclid Hospital</b> 1890 Lakeshore Blvd Euclid, OH 44119	1:00pm to 3:30pm	<b>Wednesday, March 7</b> Wednesday, March 14 Wednesday, March 21 Wednesday, March 28 Wednesday, April 4 Wednesday, April 11 Wednesday, April 18	Stacey Rokoff or Nicky Wills 216-421-1350

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Fairhill Partners Healthy You: <b>Take Charge of Your Health</b>	Cuyahoga	<b>Langston Hughes</b> 2390 E. 79 <sup>th</sup> St Cleveland, OH 44104	TBD	<b>Wednesday, April 4</b> Wednesday, April 11 Wednesday, April 18 Wednesday, April 25 Wednesday, May 2 Wednesday, May 9 Wednesday, May 16	Stacey Rokoff or Nicky Wills 216-421-1350

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