

Make Your Mission the Senior Guest House at Fairhill

FAIRHILL PARTNERS: CONNECTING PEOPLE TO OPPORTUNITIES FOR
LIFELONG LEARNING, INTERGENERATIONAL RELATIONSHIPS,
AND SUCCESSFUL AGING SINCE 1988



The Senior Guest House opened on the campus of Fairhill in 2004. The first known emergency housing site specific for older adults in Ohio and the thirteenth the country, it had the leadership support and partnership of the City of Cleveland Department of Aging, Cuyahoga County Department of Senior and Adult Services, Benjamin Rose, various local foundations and Fairhill Partners.

The Senior Guest House is safe, temporary and cost effective residential housing for up to eight older adults in need of a home. Every year between 30 and 50 guests come to the Fairhill campus to stay at the Senior Guest House and they can stay for up to 90 days, although more permanent housing is often found sooner.

To date the Senior Guest House has provided emergency housing to 106 older adults in our community who needed this unique service because a crisis left them homeless - fire, eviction, unsafe living conditions, loss of job, or foreclosure.

During their average stay of 73 days, the guests (who have ranged in age from 55 to 91) not only seek shelter, but also to rebuild personal social resources. The connections on the Fairhill campus play a primary role in re-connecting these older members of our community – from consultations with case workers, visits to the Benefits Office for assistance in searching for federal and state program assistance, enrollment in Computer Learning Center classes to serving as a mentor to a kinship family teenager.

You and your faith community can play a role in transforming lives of temporarily homeless older adults.

Your Faith Community & The Senior Guest House: Happy Endings, Successful Transitions

Community funding is essential to this program's sustainability - most clients are economically disadvantaged, often classified in today's language as "the working poor," and their stay is significantly or totally subsidized. It takes \$150,000 a year to keep eight rooms open with the necessary staffing on hand. For many older adults finding a new place to live and/or a new community can be challenging - emotionally, financially and physically. You and your faith community can support these transitions.

1. **KEEP THE DOOR OPEN!** **Donate** directly to the operating and staff support of the Guest House. Every year it will take about \$150,000 to keep the doors and create more than 30 happy endings and successful transitions. Your faith community can be part of these happy endings in 2008.
 - o Consider sponsoring a guest room for a whole year at \$15,000 or a single guest for \$4,000.
 - o Think about the impact of a one month sponsorship at only \$1,260 or even a one night stay sponsorship at \$45.00.

Sponsorship at any level is needed and appreciated!

2. **VOLUNTEER** - weekly, bi- monthly, yearly. Volunteers provide personal assistance or companionship; housekeeping and maintenance; and even some administrative services!
 - o **Transport Companion** – take a guest to shop, to a doctor's appointment, to look for a new apartment or attend a community event.
 - o **Helping Hands** – assist with minor repairs and/or spring cleaning needed to keep a building that can house eight people looking fresh and in shape!
 - o **House Visitor** – spend an afternoon or evening as a visitor: share a recipe, help prepare a meal, play cards, share a hobby or a favorite website.

All volunteer contacts provide needed interaction for previously socially isolated older adults. Volunteers are asked to participate in an intake process which includes an application, short interview and a criminal background check.

3. **GIVE** items directly to the residents for use in starting over – new or gently used household sheets, blankets, beds, kitchen items etc. See ongoing web shopping list at www.fairhillcenter.org

Need information about donating, volunteering and giving at the Senior Guest House? Contact:
Sue Grant, Director Development & Marketing
(216) 421-1350 ext 115 / sgrant@fairhillcenter.org or
Betsy Cisek, Associate Director - Management Services
(216) 421-1350 ext 117, ecisek@fairhillcenter.org

Be part of happy ending and successful transitions - guests at the Senior Guest House are our neighbors.

Fairhill Partners



Fairhill Partners – with a mission to connect people to opportunities for lifelong learning, intergenerational relationships, and successful aging – is a unique, multi-tenant, non-profit campus focused on successful aging. It is the home campus for the Senior Guest House.

Fairhill delivers gap-filling, needed successful aging programs in a distinctive, one-of-a-kind community. Fairhill Partners leases office, clinical and activity space to 25 organizations most of which have missions and objectives that complement successful aging.

Founded in 1989, Fairhill Partners is a collaborative campus of lifelong learning, earning and service. The emphasis is on older adults, caregiving, intergenerational relationships, volunteering and health promotion. Each year, thousands of Greater Clevelanders use services such as the Computer Learning Center, primary healthcare, home-delivered meals, employment assistance, art therapy, an intergenerational community school, temporary housing, programs for grandparents raising grandchildren, and the education and workshops offered by a school for caregivers.

Over 25 campus organizations connect to more than 20,000 people annually, and at least 3,000 people reach out and connect directly to Fairhill's successful aging services.

Successful Aging Services:

1. Each year the **Senior Guest House** at Fairhill provides 30 to 50 seniors facing a residential crisis or unsafe living conditions with a temporary home for up to 90 days (average stay of 68 days) along with relocation, health promotion and life skills assistance.
2. **Kinship Care** programs provide hundreds (more than 140 families / 480 individuals in 2007) of older adult caregivers raising young children with information, education, referrals, peer support, respite, advocacy, emergency assistance and access to camps and leadership training for teens. A **Campaign for Kinship Village** is in process – plans are to provide 29 residences for kinship families, older adult volunteers and campus employees.
3. **School for Caregivers** is education, training, peer support and information to improve lives of adult caregivers and loved ones. Over 400 caregivers participate in one or more of the School for Caregiver educational opportunities, fairs and support groups annually. Caregivers visit the campus to experiment with Assistive Technology – current technological advances that promote successful aging at home.
4. **Lifelong Learning** programs like the Fairhill Breakfast Club, Matter of Balance, and Chronic Disease Self-Management help people consider and carry out next steps for successful aging. Hundreds of young and old members of our community participate in a variety of these learning programs, many led by older adult volunteers.
5. The **Computer Learning Center (CLC)** offers interactive and non-competitive hands-on experiences in information technology. In 2007, more than 400 older persons learned more about mouse use, word processing, accessing the Internet, website design (new in 2007), and digital photography. Peer instructors, coaches and administrators (more than 50 unpaid staff members) lead and support the classes.

Senior Guest House

Fact Sheet

1. **When did the Senior Guest House open?** The Senior Guest House opened on the campus of Fairhill Partners in June 2004. It is the first known emergency housing site specific for older adults in Ohio and the thirteenth the country.
2. **How many guests have stayed in the Senior Guest House to date (2/20/08)?** 138 older adults have stayed at the Senior Guest House. Average age has been 70 years old and average stay is 54 days.
3. **What is the capacity of the Senior Guest House?** On an annual base up to 50 guests can be accommodated. There is room at the Senior Guest House for up to 8 guests at one time.
4. **How much does it cost every year to keep the doors of Senior Guest House open?** This year it will cost approximately \$169,000 to keep the Senior Guest House in operation – the cost breakdown is as follows:

Expenses	2008 Annual Budget	One Month Expenses
Occupancy/ Upkeep / Utilities	\$ 67,330	\$ 5,611
Social Worker(s) / Benefits	\$ 57,928	\$ 4,827
Miscellaneous Supplies / Copies / Food	\$ 32,072	\$ 2,673
Indirect Costs (Insurance / Bookkeeping)	\$ 12,000	\$ 1,000
TOTAL EXPENSES	\$ 169,330	\$ 14,111

5. **How is this money raised?** In 2009 we have budgeted the following funding sources:

Earned Income / Contracts	13%
Corporate Support	13%
Foundation Support	30%
City of Cleveland Block Grant	12%
Annual Fund / Faith Based Requests	32%